## Fakultät Verkehrswissenschaften „Friedrich List"

Professur für Bahnverkehr, öffentlicher Stadt- und Regionalverkehr


Public Transport Operations and Supply
Development of rotating duty rosters

Dipl.-Ing. Steffen Dutsch


Faculty of Transportation and Traffic Sciences
"Friedrich List"

## Structure of the faculty

## Institute of Traffic Planning and Road Traffic

Institute of Traffic Telematics

Institute of Logistics and Aviation

Institute of Rail Vehicle Engineering

Institute of Transport \& Economics

Institute of Automotive Engineering Dresden

Institute of Railway Systems and Public Transport
Founded in: 1992
Professors: 26
Students: $\approx 1600$

## Structure of the institute

Chair of Transportation Systems Engineering

Chair of Planning and Design of Railway Infrastructure

Chair of Rail and Public Urban Transport

Chair of Railway Signalling and Transport Safety Technology

## Chair of Rail and Public Urban Transport



## Public Transport Operations and Supply

Development of rotating duty rosters

| 1. | Introduction |
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| 1.1. | Task and steps of duty-scheduling |
| 1.2. | Tasks and problems of duty-rostering |
| 1.3. | Types of duty rosters |
| 2. | Development of rotating duty rosters |
| 2.1. | Duty rosters with fixed rhythm |
| 2.2. | Duty rosters with weekly rhythm |
| 3. | General examples |
| 3.1. | Shift similarly duty roster |
| 3.2. | Duty roster with fast rotation |
| 4. | Exercise |

## Public Transport Operations and Supply

Development of rotating duty rosters

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1.3. Types of duty rosters
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## duty-scheduling

in compliance with the law economic social customer-oriented

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## Task:

group all duties and days-off into a roster, that is

- with exactly one employee per duty each day

O in compliance with the law

- as social as possible


## Problems:

- Different number of duties at different days (monday to friday, saturday and sunday)
o minimal rest period: 10 hours maximal number of duties without days-off: 6 duties minimal number of free sundays per year: 15 sundays
- Number of cycledays, sum of duties and days-off should be between 4 and 8 days but never 7 days




## types of duty rosters



- monthly $\longrightarrow$ regional transport, public urban transport in small duty roster networks
whithout any rhythm
possibility to take bank holidays, special features ore wishes into account
- duty roster for schedule period
$\longrightarrow$ rail transport, public urban transport in large networks whith fixed ore weekly rhythm no possibility to take bank holidays, special features ore wishes into account;
this possibility exists only in the step duty-filling

- duty roster with fixed rhythm
- duty roster
$\longrightarrow \quad$ Point 2 with weekly rhythm


## types of duty rosters


second duty begins and ends about 24 hours after the first
best possibility for families with children
second duty begins and ends less than 24 hours after the first popular with young people
second duty begins and ends more than 24 hours after the first best possibility for elderly employees ${ }^{1)}$
rest period

- shift similarly duty roster
- duty roster with fast rotation


## - duty roster

 with slow rotation1) reference:

Tarifvertrag zur Bewältigung des demografischen Wandels im Nahverkehr.Vereinigung der kommunalen Arbeitgeberverbände (VKA), 2013

1) reference:
collective agreement to overcome demographic change in public transport.Union of Employers' Associations, 2013
enacts Janurary,1 2014
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## Transportation systems (M. Sc.)

Development of rotating duty rosters

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## Duty roster with fixed rhythm

## 4 working days and 2 days-off

| weekday | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| cycleday | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 |
| staff no. 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 4 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## 4 working days and 1 day-off

| weekday | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| cycleday | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 |
| staff no. 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 5 |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 4 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| weekday | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa | Su |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| cycleday | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 |
| staff no. 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 4 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| staff no. 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |




Duty roster with fixed rhythm

4 working days and 1 day-off





| $Z_{\text {sa }}$ | $Z_{\text {so }}$ | $t_{x}$ |
| :---: | :---: | :---: |
| 0 | 3 | 8,00 |







$\longrightarrow$ duty roster with weekly rhythm
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## Duty roster with weekly rhythm

| Number <br> of week | su | mo | tu | we | th | fr | sa |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

B 1 (1 week, 1 cycle basis group, 2 days-off)

| 1. | day-off |  |  |  |  |  |
| :---: | :---: | :--- | :--- | :--- | :--- | :--- |
| day-off |  |  |  |  |  |  |

B 3 (3 weeks, 4 cycle basic groups, 6 days off)


B 4 (4 weeks, 5 cycle basic groups, 8 days-off)

| 1. | day-off |  |  |  |  | day-off | (day-off) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | day-off | day-off |  |  |
|  |  |  | day-off | $\downarrow$ |  |  |  |
|  | (day-off) | day-off |  |  |  |  | day-off |

B6 (5) (6 weeks, 5 cycle basic groups, 12 days-off)

| 1. | day-off | day-off |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2. |  | day-off | day-off |  |  |  |  |
| 3. |  |  | day-off | day-off |  |  |  |
| 4. |  |  |  | day-off | day-off |  |  |
| 5. |  |  |  |  | day-off | day-off |  |
| 6. |  |  |  |  |  | day-off | day-off |

B 6 (7) (6 weeks, 7 cycle basic groups, 12 days off)

| $\begin{aligned} & 1 . \\ & 2 . \end{aligned}$ | <day-off> |  |  |  | <day-off> | day-off | <day-off> |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | <day-off> | day-off | <day-off> |  |
| 3. |  |  | <day-off> | day-off | <day-off> |  |  |
| 4. |  | <day-off> | day-off | <day-off> |  |  |  |
| 5. | <day-off> | day-off | <day-off> |  |  |  | <day-off> |
| 6. | day-off | <day-off> |  |  |  | <day-off> | day-off |

## (day-off) extra day-off, either Saturday or Sunday day-off <br> $\downarrow$ day-off, with the possibility to put it into next week

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4. Exercise

| number of week | shift | su | mo | tu | we | th | $f r$ | sa |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathrm{B}_{\mathrm{e}}$ |  |  |  |  |  |  |  |  |  |  |
| 1. | e | day-off | e | e | e | e | e | day-off |  |  |
| $\mathrm{B}_{1}$ |  |  |  |  |  |  |  |  |  |  |
| 1. | 1 | day-off | 1 | 1 | 1 | 1 | 1 | day-off |  |  |
| $\mathrm{B}_{\text {el/el }}$ |  |  |  |  |  |  |  |  |  |  |
| $\begin{aligned} & 1 . \\ & 2 . \\ & 3 . \end{aligned}$ | $\begin{gathered} \hline \mathrm{e} \\ \mathrm{I} / \mathrm{e} \\ \mathrm{l} \end{gathered}$ | day-off <br> I <br> e | e | e | e | e | day-off | I |  |  |
|  |  |  | 1 | 1 | day-off | day-off | e | e |  |  |
|  |  |  | day-off | day-off | I | I | 1 | 1 |  |  |
| $\mathrm{B}_{\mathrm{e} / \mathrm{le}}$ |  | $\downarrow$ |  |  |  |  |  |  |  |  |
| $\begin{aligned} & 1 . \\ & 2 . \\ & 3 . \end{aligned}$ | $\begin{gathered} \mathrm{I} \\ \mathrm{I} / \mathrm{e} \\ \mathrm{e} \end{gathered}$ | $\begin{aligned} & \mathrm{I} \\ & \mathrm{e} \\ & \text { I } \end{aligned}$ | 1 | 1 | 1 | day-off | day-off | e |  |  |
|  |  |  | e | e | day-off | 1 | 1 | 1 | e | early shift |
|  |  |  | day-off | day-off | e | e | e | day-off | 1 | late shift |

it goes:

| $n_{\text {Be }}$ | $=n_{\text {emf }}-k$ | $n_{\text {emf }} ; n_{\text {lmf }} ; n_{\text {esa }} ; n_{\text {ssa }} ; n_{\text {esu }} ; n_{\text {ssu }} \geq 0$ (a whole number) |
| :--- | :--- | :--- |
| $n_{\text {Bl }}$ | $=n_{\text {liff }}-k$ | $n_{\text {emf }} ; n_{\text {lmf }} \geq k$ |
| $n_{\text {sel/el }}$ | $=n_{\text {sa }}-k$ | $n_{\text {esa }} ; n_{\text {esu }}=k$ |
| $n_{\text {Ble/le }}$ | $=n_{\text {su }}-k$ | $k \leq n_{\text {sai }} n_{\text {ssu }} \leq 2 k$ |
| $k$ | $=1 / 5\left(n_{\text {esa }}+n_{\text {ssa }}+n_{\text {esu }}+n_{\text {ssu }}\right)$ | $n_{\text {esa }}+n_{\text {lsa }}+n_{\text {esu }}+n_{\text {ssu }} \equiv 0(\bmod 5)$ |

k [-] a whole constant
$\mathrm{n}_{\mathrm{B}} \quad[-] \quad$ number of basic groups
$\mathrm{n}_{\mathrm{mf}} \quad[-] \quad$ number of duties on every monday to friday
$\mathrm{n}_{\mathrm{sa}} \quad[-] \quad$ number of duties on saturday
$\mathrm{n}_{\text {su }} \quad[-] \quad$ number of duties on sunday and public holiday
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| number of week | SU | mo | tu | we | th | fr | sa |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| B 1 |  |  |  |  |  |  |  |
| 1. | day-off |  |  |  |  |  | day-off |
| B 6 (5) |  |  |  |  |  |  |  |
| 1. | day-off | day-off |  |  |  |  |  |
|  |  | day-off | day-off |  |  |  |  |
|  |  |  | day-off | day-off |  |  |  |
|  |  |  |  | day-off | day-off |  |  |
|  |  |  |  |  | day-off | day-off |  |
|  |  |  |  |  |  | day-off | day-off |

it goes:
$\mathrm{n}_{\mathrm{B} 1}=\mathrm{n}_{\mathrm{mf}}-4 \mathrm{n}_{\mathrm{B6}(5)}$
$n_{B 6(5)}=1 / 5 n_{s a}=1 / 5 n_{s u}$
boundary conditions:

$$
\begin{aligned}
& \mathrm{n}_{\mathrm{mf}} ; \mathrm{n}_{\text {sa }} ; \mathrm{n}_{\text {su }} \geq 0 \text { (a whole number) } \\
& \mathrm{n}_{\mathrm{mf}} \geq 4 / 5 \mathrm{n}_{\text {sa }} \\
& \mathrm{n}_{\mathrm{mf}} \geq 4 / 5 \mathrm{n}_{\text {su }} \\
& \mathrm{n}_{\mathrm{sa}} ; \mathrm{n}_{\text {su }} \equiv 0(\bmod 5)
\end{aligned}
$$

$\begin{array}{lll}\mathrm{n}_{\mathrm{B}} & {[-]} & \text { number of basic groups } \\ \mathrm{n}_{\text {mf }} & {[-]} & \text { number of duties on every monday to friday } \\ \mathrm{n}_{\text {sa }} & {[-]} & \text { number of duties on saturday } \\ \mathrm{n}_{\text {su }} & {[-]} & \text { number of duties on sunday and public holiday }\end{array}$
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Duty rosters with weekly rhythm
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Duty roster with fast rotation
```

4. Exercise

| duty no. | train | begin and end working time | working time |
| :---: | :---: | :---: | :---: |
| 1 | $1 / 3$. | $3.56-12.06$ | $8: 10$ |
| 2 | $1 / 6$. | $4.14-12.51$ | $8: 37$ |
| 3 | $1 / 7$. | $4.34-13.06$ | $8: 32$ |
| 4 | $1 / 8$. | $4.49-13.04$ | $8: 15$ |
| 5 | $11 / 1 .+1 / 7$. | $4.56-7.59 \quad+\quad 12.56-16.49$ | $6: 56$ |
| 6 | $11 / 2 .+11 / 3$. | $5.11-8.14 \quad+\quad 15.11-18.14$ | $6: 06$ |
| 7 | $11 / 3 .+1 / 6$. | $5.26-7.44+12.41-16.51$ | $6: 28$ |
| 8 | $1 / 3$. | $11.56-19.49$ | $7: 53$ |
| 9 | $11 / 1$. | $14.41-18.29$ | $3: 48$ |
| 10 | $1 / 8$. | $12.54-19.04$ | $6: 10$ |
| 11 | $11 / 2 .+1 / 3$. | $14.56-18.44+19.39-0.11$ | $9: 15$ |
| 12 | $1 / 7$. | $16.39-1.18$ | $8: 39$ |
| 13 | $1 / 6$. | $16.41-0.48$ | $8: 07$ |
| 14 | $1 / 8$. | $18.54-4.21$ | $9: 27$ |

saturday, sunday:

| duty no. | train | begin and end working time | working time |
| :---: | :---: | :---: | :---: |
| 21 | $1 / 3$. | $3.56-12.06$ | $8: 10$ |
| 22 | $1 / 6$. | $4.14-12.51$ | $8: 37$ |
| 23 | $1 / 7 .+1 / 8$. | $4.34-8.49+8.49-13.04$ | $8: 30$ |
| 24 | $1 / 7$. | $8.39-17.06$ | $8: 27$ |
| 25 | $1 / 3$. | $11.56-17.49$ | $5: 53$ |
| 26 | $1 / 6$. | $12.41-18.34$ | $5: 53$ |
| 27 | $1 / 8$. | $12.54-19.04$ | $6: 10$ |
| 28 | $1 / 7$. | $16.56-1.18$ | $8: 22$ |
| 29 | $1 / 3$. | $17.39-0.11$ | $6: 32$ |
| 30 | $1 / 6$. | $18.24-0.48$ | $6: 24$ |
| 31 | $1 / 8$. | $18.54-4.21$ | $9: 27$ |

You have the duties number 1 to 14 and 21 to 31. Create a duty roster with weekly rhythm. The first duty after days-off has to start as late as possible, the last one before days-off has to end as early as possible. The rest period between two duties may never be smaller than 10 hours.

| duty no. | train | begin and end working time | working time |
| :---: | :---: | :---: | :---: |
| 1 | $1 / 3$. | $3.56-12.06$ | $8: 10$ |
| 1.1 | on-call duty | $3.56-12.06$ | $8: 10$ |
| 1.2 | spare duty | $(3.56-13.06)$ | $7: 37$ |
| 2 | $1 / 6$. | $4.14-12.51$ | $8: 37$ |
| 3 | $1 / 7$. | $4.34-13.06$ | $8: 32$ |
| 4 | $1 / 8$. | $4.49-13.04$ | $8: 15$ |
| 5 | $11 / 1 .+1 / 7$. | $4.56-7.59+12.56-16.49$ | $6: 56$ |
| 6 | $11 / 2 .+11 / 3$. | $5.11-8.14+15.11-18.14$ | $6: 06$ |
| 7 | $11 / 3 .+1 / 6$. | $5.26-7.44+12.41-16.51$ | $6: 28$ |
| 8 | $1 / 3$. | $11.56-19.49$ | $7: 53$ |
| 8.1 | on-call duty | $11.56-19.15$ | $7: 19$ |
| 8.2 | spare duty | $(11.56-4.21)$ | $7: 37$ |
| 9 | $11 / 1$. | $14.41-18.29$ | $3: 48$ |
| 10 | $1 / 8$. | $12.54-19.04$ | $6: 10$ |
| 11 | $11 / 2 .+1 / 3$. | $14.56-18.44+19.39-0.11$ | $9: 15$ |
| 12 | $1 / 7$. | $16.39-1.18$ | $8: 39$ |
| 13 | $1 / 6$. | $16.41-0.48$ | $8: 07$ |
| 14 | $1 / 8$. | $18.54-4.21$ | $9: 27$ |

saturday, sunday:

| duty no. | train | begin and end working time | working time |
| :---: | :---: | :---: | :---: |
| 21 | $1 / 3$. | $3.56-12.06$ | $8: 10$ |
| 21.1 | on-call duty | $3.56-13.04$ | $9: 08$ |
| 21.2 | spare duty | $(3.56-17.06)$ | $7: 37$ |
| 22 | $1 / 6$. | $4.14-12.51$ | $8: 37$ |
| 23 | $1 / 7 .+1 / 8$. | $4.34-8.49+8.49-13.04$ | $8: 30$ |
| 24 | $1 / 7$. | $8.39-17.06$ | $8: 27$ |
| 25 | $1 / 3$. | $11.56-17.49$ | $5: 53$ |
| 25.1 | on-call duty | $11.56-19.24$ | $7: 28$ |
| 25.2 | spare duty | $(11.56-4.21)$ | $7: 37$ |
| 26 | $1 / 6$. | $12.41-18.34$ | $5: 53$ |
| 27 | $1 / 8$. | $12.54-19.04$ | $6: 10$ |
| 28 | $1 / 7$. | $16.56-1.18$ | $8: 22$ |
| 29 | $1 / 3$. | $17.39-0.11$ | $6: 32$ |
| 30 | $1 / 6$. | $18.24-0.48$ | $6: 24$ |
| 31 | $1 / 8$. | $18.54-4.21$ | $9: 27$ |
|  |  |  |  |


| number of week | Su | mo | tu | we | th | fr | sa |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. | day-off |  |  |  |  |  | day-off |
| 2. | day-off | day-off |  |  |  |  |  |
| 3. |  | day-off | day-off |  |  |  |  |
| 4. |  |  | day-off | day-off |  |  |  |
| 5. |  |  |  | day-off | day-off |  |  |
| 6. |  |  |  |  | day-off | day-off |  |
| 7. |  |  |  |  |  | day-off | day-off |
| 8. | day-off |  |  |  |  |  | day-off |
| 9. | day-off |  |  |  |  |  | day-off |
| 10. | day-off | day-off |  |  |  |  |  |
| 11. |  | day-off | day-off |  |  |  |  |
| 12. |  |  | day-off | day-off |  |  |  |
| 13. |  |  |  | day-off | day-off |  |  |
| 14. |  |  |  |  | day-off | day-off |  |
| 15. |  |  |  |  |  | day-off | day-off |
| 16. | day-off |  |  |  |  |  | day-off |
| 17. | day-off |  |  |  |  |  | day-off |
| 18. | day-off | day-off |  |  |  |  |  |
| 19. |  | day-off | day-off |  |  |  |  |
| 20. |  |  | day-off | day-off |  |  |  |
| 21. |  |  |  | day-off | day-off |  |  |
| 22. |  |  |  |  | day-off | day-off |  |
| 23. |  |  |  |  |  | day-off | day-off |
| 24. | day-off |  |  |  |  |  | day-off |


| number of week | SU | mo | tu | we | th | fr | sa |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. | day-off |  |  |  |  |  | day-off |
| 2. | day-off | day-off |  |  |  |  |  |
| 3. |  | day-off | day-off |  |  |  |  |
| 4. |  |  | day-off | day-off |  |  |  |
| 5. |  |  |  | day-off | day-off |  |  |
| 6. |  |  |  |  | day-off | day-off |  |
| 7. |  |  |  |  |  | day-off | day-off |
| 8. | day-off |  |  |  |  |  | day-off |
| 9. | day-off |  |  |  |  |  | day-off |
| 10. | day-off | day-off |  |  |  |  |  |
| 11. |  | day-off | day-off |  |  |  |  |
| 12. |  |  | day-off | day-off |  |  |  |
| 13. |  |  |  | day-off | day-off |  |  |
| 14. |  |  |  |  | day-off | day-off |  |
| 15. |  |  |  |  |  | day-off | day-off |
| 16. | day-off |  |  |  |  |  | day-off |
| 17. | day-off |  |  |  |  |  | day-off |
| 18. | day-off | day-off |  |  |  |  |  |
| 19. |  | day-off | day-off |  |  |  |  |
| 20. |  |  | day-off | day-off |  |  |  |
| 21. |  |  |  | day-off | day-off |  |  |
| 22. |  |  |  |  | day-off | day-off |  |
| 23. |  |  |  |  |  | day-off | day-off |
| 24. | day-off |  |  |  |  |  | day-off |


| number of week | SU | mo | tu | we | th | fr | sa |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. | day-off |  |  |  |  |  | day-off |
| 2. | day-off | day-off |  |  |  |  |  |
| 3. | day-off | day-off | day-off |  |  |  |  |
| 4. |  |  | day-off | day-off |  |  |  |
| 5. |  |  |  | day-off | day-off |  |  |
| 6. |  |  |  |  | day-off | day-off |  |
| 7. |  |  |  |  |  | day-off | day-off |
| 8. |  |  |  |  |  |  | day-off |
| 9. | day-off |  |  |  |  |  | day-off |
| 10. | day-off | day-off |  |  |  |  |  |
| 11. | day-off | day-off | day-off |  |  |  |  |
| 12. |  |  | day-off | day-off |  |  |  |
| 13. |  |  |  | day-off | day-off |  |  |
| 14. |  |  |  |  | day-off | day-off |  |
| 15. |  |  |  |  |  | day-off | day-off |
| 16. |  |  |  |  |  |  | day-off |
| 17. | day-off |  |  |  |  |  | day-off |
| 18. | day-off | day-off |  |  |  |  |  |
| 19. | day-off | day-off | day-off |  |  |  |  |
| 20. |  |  | day-off | day-off |  |  |  |
| 21. |  |  |  | day-off | day-off |  |  |
| 22. |  |  |  |  | day-off | day-off |  |
| 23. |  |  |  |  |  | day-off | day-off |
| 24. |  |  |  |  |  |  | day-off |

## Exercise

## 3 groups with ever 6 duties Monday to Friday and ever 5 duties Saturday and Sunday:



| number of week | su | mo | tu | we | th | fr | sa |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. | day-off | 14 | 11 | 8.1 | 7 | 3 | day-off |
| 2. | day-off | day-off | 13 | 8.2 | 9 | 5 | 21 |
| 3. | day-off | day-off | day-off | 12 | 8 | 10 | 21.2 |
| 4. | 22 | 1.1 | day-off | day-off | 14 | 11 | 27 |
| 5. | 24 | 3 | 2 | day-off | day-off | 13 | 25.2 |
| 6. | 26 | 5 | 1.2 | 1 | day-off | day-off | 29 |
| 7. | 25.1 | 10 | 6 | 4 | 1.1 | day-off | day-off |
| 8. | 31 | 11 | 8.1 | 7 | 3 | 2 | day-off |
| 9. | day-off | 13 | 8.2 | 9 | 5 | 1.2 | day-off |
| 10. | day-off | day-off | 12 | 8 | 10 | 6 | 22 |
| 11. | day-off | day-off | day-off | 14 | 11 | 8.1 | 24 |
| 12. | 21.1 | 2 | day-off | day-off | 13 | 8.2 | 26 |
| 13. | 23 | 1.2 | 1 | day-off | day-off | 12 | 25.1 |
| 14. | 25 | 6 | 4 | 1.1 | day-off | day-off | 31 |
| 15. | 28 | 8.1 | 7 | 3 | 2 | day-off | day-off |
| 16. | 30 | 8.2 | 9 | 5 | 1.2 | 1 | day-off |
| 17. | day-off | 12 | 8 | 10 | 6 | 4 | day-off |
| 18. | day-off | day-off | 14 | 11 | 8.1 | 7 | 21.1 |
| 19. | day-off | day-off | day-off | 13 | 8.2 | 9 | 23 |
| 20. | 21 | 1 | day-off | day-off | 12 | 8 | 25 |
| 21. | 21.2 | 4 | 1.1 | day-off | day-off | 14 | 28 |
| 22. | 27 | 7 | 3 | 2 | day-off | day-off | 30 |
| 23. | 25.2 | 9 | 5 | 1.2 | 1 | day-off | day-off |
| 24. | 29 | 8 | 10 | 6 | 4 | 1.1 | day-off |

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