

## Dr. Attiya Khan

Sächsisches Staatsministerium für Wirtschaft,  
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STAATSMINISTERIUM  
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ARBEIT UND VERKEHR



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## Workplace health promotion for the good design of working conditions

### Profil

Dr. Attiya Khan is a graduate psychologist and health scientist. She studied Psychology and Health Sciences in Oldenburg, USA and Berlin and lives in Dresden. After graduation, she worked in cardiology rehabilitation and noticed that many patients attribute their illness to working conditions. In order to do more at the source, Attiya Khan has turned to health promotion in the workplace. She worked as a research assistant at the Institute of Occupational and Social Medicine of the TU Dresden and obtained her doctorate. Following a four-year stay in the United States, she led workplace health promotion projects, especially in daycare and care facilities.

Since the end of 2015 she has been working as a desk officer at the SMWA.

### Focus of Work

The main focus of Dr. Attiya Khan are the prevention of negative mental load at work and the promotion of occupational health management.

This includes the implementation of the "Psyche" work program of the Gemeinsamen Deutschen Arbeitsschutzstrategie and the coordination of the Saxon network "Work & Psyche". In the network, contacts for businesses and individuals contribute to the design of good working conditions and help with internal conflicts.

In addition, within the framework of the prevention act, she is leading a workgroup on workplace health promotion with representatives of health insurance companies, pension insurance institutions and accident insurance institutions. (more information: <http://www.arbeitsschutz.sachsen.de/190.htm>)

The main focus of the SMWA is the campagne "Gute Arbeit für Sachsen" in order to sustainably strengthen Saxony as a business and work location and to increase its attractiveness. In addition to the occupational safety alliance, this includes the Saxony-based specialist alliance. The board, headed by the SMWA, comprises representatives of the Saxon economy and trade associations, chambers of industry and commerce, chambers of crafts and trade unions, the municipal umbrella organizations, the Federal Employment Agency and the Saxon State Government. There are recommendations for improving the skilled labor potential in Saxony and initiating concrete measures based on the Joint Declaration. (more information: <http://www.arbeit.sachsen.de/11623.html>)