

## Prof. Dr. Clemens Tesch-Römer

Deutsches Zentrum für Altersfragen (DZA)

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für Altersfragen



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**Prof. Dr. Clemens Tesch-Römer**

**German Centre of Gerontology**

## **Aging Seen from the Social and Behavioral Sciences**

### Profil

Since 1998 director of the German Center of Gerontology (DZA), since 2003 associate professor at the Freie Universität Berlin. Member of the commissions for the Third to Seventh German Government Reports on Older People. From 2008 to 2010 President of the German Society for Gerontology and Geriatrics. Since 2015 President of the International Association of Gerontology and Geriatrics, European Region.

### Research theme

Quality of life and well-being in old age, volunteering and civic engagement, health and health behavior in old age, social relations and social integration of older persons, comparative ageing research

### Publications

- Tesch-Römer, C., & Wahl, H.-W. (2017). Toward a more comprehensive concept of successful aging: disability and care needs. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 72(2), S. 310-318. Doi: 10.1093/geronb/gbw162.
- Mahne, K., Wolff, J. K., Simonson, J., & Tesch-Römer, C. (Hsrg.). (2017). *Altern im Wandel: Zwei Jahrzehnte Deutscher Alterssurvey (DEAS)*. Wiesbaden: Springer VS.
- Simonson, J., Vogel, C., & Tesch-Römer, C. (Hsrg.). (2017). *Freiwilliges Engagement in Deutschland – Der Deutsche Freiwilligensurvey 2014*. Wiesbaden: Springer VS.

### Professional environment

The DZA is a federal research institute whose purpose is to extend knowledge about the living situation of aging and old people and to transfer this knowledge into policy advice.

### Expertise

My expertise lies in the realm of age and aging, seen from a social and behavioral perspective. In respect to diversity, I am mostly interested in social inequality (gender, education, income) and, additionally, in diverse lifestyles (health behavior, volunteering).

### Vision

Aging is not a uniform process that works in the same way for all people. On the contrary, old age and ageing has many faces and varies tremendously. Knowledge about the impact of social inequality and lifestyle on aging process, might help to improve the conditions for aging well all older people.