



The Doctoral time is a journey

My name is Ianina Scheuch. Born in Ukraine, I did my studies in business and international relations in Dresden, Paris and Istanbul. I have started my international career early during my university studies and have worked in different universities and projects in academia.

My journey began in 2017. Since two years, I am doing my PhD at TU Dresden – straggling and growing up with two languages, two research areas and two different disciplines. During these time, I realized that a heart of successful and efficient finished PhD degree lies in highly personal motivation, individual support as well as international research communication.



*„My research is about resilience and diversity in individuals, teams and organizations. Thus, I believe that **Diversity creates Knowledge** and help us to deal with a lot of challenges in highly complex and uncertain times.“*

The Road to doctoral degree can be challenging. But it also exciting and highly rewarding!

Yes, we all face various challenges:

Who will support me?

How to make it in time?



How to find a balance?

How to learn to be a researcher?



But, we all also have various solutions:

The road of networking. We need more than research or methodological skills. I need to be able to connect to other scholars in our field – sometimes just to make my way through the research world.

The road of planning. To be productive and efficient is a goal all we have. Thus, we need to find out and set our own path from the beginning. I keep it simple and create a lists of stuff that needs to get done.

The road of balancing. We feel pressed in fulfill demands set by others or even our own high standards and it stops us from perceiving our own needs. Thus, I needed to learn to balance...hiking, dancing, walking, listening myself and be kind to my mind.

The road of learning by doing. It seemed like a newer-ending process, which made me believe that a PhD is more about rewriting my ideas rather than only writing them down. But it is also daily reading and continuously learning from a variety of scholars and research papers.