



## Program

GA Writing Retreat | Sunday, 10<sup>th</sup> September to Friday, 15<sup>th</sup> September 2023  
IBZ St. Marienthal

## Schedule

### Sunday, 10<sup>th</sup> September

14:00	departure by Bus from Mommsenstraße 7
16:30 – 18:00	opening of the Writing Retreat
18:00 – 19:00	dinner
19:00	opening night

### Monday, 11<sup>th</sup> September

07:15 – 08:00	optional: beginning the day with yoga, meditation, morning walks etc.
08:00 – 09:00	breakfast
09:00 – 13:00	time to write
13:00 – 14:00	lunch
14:00 – 15:00	meeting in work groups
15:00 – 18:00	time to write / parallel writing advisory sessions with writing coaches
18:00 – 19:00	dinner

## **Tuesday, 12<sup>th</sup> September**

07:15 – 08:00	optional: beginning the day with yoga, meditation, morning walks etc.
08:00– 09:00	breakfast
09:00– 13:00	time to write
13:00– 14:00	lunch
15:00 – 18:00	time to write / parallel writing advisory sessions with writing coaches
16:30- 18:00	optional: guided tour of the St. Marienthal monastery
18:00 – 19:00	dinner

## **Wednesday, 13<sup>th</sup> September**

07:15 – 08:00	optional: beginning the day with yoga, meditation, morning walks etc.
08:00 – 09:00	breakfast
09:00 – 13:00	time to write
13:00 – 14:00	lunch
14:00 – 15:00	Meeting in work groups
15:00 – 18:00	time to write / parallel writing advisory sessions with writing coaches
18:00 – 19:00	Dinner

## Thursday, 14<sup>th</sup> September

07:15 – 08:00	optional: beginning the day with yoga, meditation, morning walks
	breakfast
08:00 – 09:00	time to write
09:00 – 13:00	lunch
13:00 – 14:00	time to write / parallel writing advisory sessions with writing
14:00 – 16:30	coaches
	dinner
18:00 – 19:00	group night
19:30	

## Friday, 15<sup>th</sup> September

07:15 – 08:00	optional: beginning the day with yoga, meditation, morning walks
	breakfast
08:00 – 09:00	
09:00 -13:00	time to write
13:00 – 13:45	Lunch
13:45 – 14:45	Final meeting
15:00	departure

