



**TECHNISCHE
UNIVERSITÄT
DRESDEN**

Dear colleagues,

Addiction is a disease that occurs in all professional and social environments, and thus also at TU Dresden, and is unfortunately still far too often downplayed or a taboo subject.

In addition to alcohol as an addictive substance, the use of illicit substances, the abuse of medications, and behavioral addictions such as gambling or compulsive buying are also on the increase.

Counseling services can help deal with addiction-related problems and develop pathways to solutions.

Contact for addiction issues

TU Dresden has an easily accessible first point of contact that can be approached by employees, supervisors, and people in the community who are looking for help or seek information on addiction. The first step could be to start talking or to discuss external therapy measures and to point out further offers of help.

The counseling is confidential and subject to professional secrecy. The conversations do not prejudice the outcome and are free of charge. Counseling is possible both in person and online or by telephone, anonymously if desired.

Alternative counseling options include employee representatives, the occupational physicians of TU Dresden, and general psychological counseling.

Contact

- 📍 TU Dresden
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01187 Dresden
- ☎ Tel +49 351 463 35626
- ✉ jochen.richter@tu-dresden.de
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If you would like to contact us, please send us a short email.

Ways out of addiction

An offer for
counseling and support for
employees of
TU Dresden

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