

Mental Well-being on Campus

The Online Forum for You

Monday, June 30th, 2025

5:00 – 7:00 p. m.

Input (90 min.) + sharing experiences

Participants: 20–100

„AUTHENTIC,
EXCITING,
REASSURING.“

Come and join us!
Feel free to stay
anonymous!

- ▶ Get to know typical warning signs of mental health issues.
- ▶ Critically look at the prejudices relating to mental illness.
- ▶ Find out who and what can help, what makes you strong and what you need to master a crisis.
- ▶ Get to know support and counselling services on campus.
- ▶ Ask what you've always wanted to know about the topic.

**Feel well informed + encouraged + connected.
Thousands of students have already participated.**

Now we look forward to meeting you!



A programme by:

IRRSINNIG] [MENSCHLICH

www.irsinnig-menschlich.de/en

Learn more & register:



<https://tud.link/ubvhbt>

Host: TU Dresden