



## **TOPIC-SPECIFIC INTERCULTURAL SEMINAR “SELF-DISCOVERY AND DEVELOPMENT IN A CROSS-CULTURAL ENVIRONMENT – GROWING LIKE A NEURON”**

COMPONENTS OF THE SPRINT PROGRAM:	One-day seminar "topic-specific intercultural competence"
TARGET GROUP:	All employees of the TUD (WHK, SHK incl.) from science supporting and scientific areas. Participation in a cross-cultural workshop is recommended as a first step. (Basic training can be taken later).
LANGUAGE OF INSTRUCTION:	English
TRAINER	Dr. Yiquan Shi
DATE AND TIME:	Monday, 22 April 2024; 9:00 am – 4.00 pm
MEETING PLACE:	FOE-180, Mommsenstraße 6

The participants of this workshop will discover how their own primary competences, core values, and networks change in multi- and intercultural environments and thereby influence their personal and professional development. With the help of cognitive methods and games, but also intensive exchange, the participants, accompanied by the coach, will embark on a special journey of self-discovery.

### KEY WORDS:

- self-discovery
- multiple environments
- adaptation and growth
- neuronal self-portrait

