



Getting into the Writing Mood

Sometimes it can be hard to start writing at all. These questions will help you to get into the mood for writing and they will help you to find your motivation.

The following table is based on the method of the same name by Ulrike Scheuermann (cf. p. 71).

Before writing

Table 1: Getting into the writing mood – Before writing

Questions	Answers
How am I feeling today?	
What am I looking forward to in terms of writing (activities or tasks)?	
What do I do to feel good while writing?	
Who are my readers? Why are they reading my text?	
What do I want to convey to my readers?	
What is the main idea of my text in one sentence?	

While writing

Table 2: Getting into the writing mood – While writing

Questions	Answers
How do I feel now?	
Why do I feel like this?	
What do I secretly think about my current writing process?	
How could I change that if necessary?	

After writing

Table 3: Getting into the writing mood – After writing

Questions	Answers
What made writing fun and enjoyable today?	
What do I plan to do in my next writing session?	

In dependence on: Scheuermann, Ulrike. *Die Schreibfitness-Mappe: 60 Checklisten, Beispiele und Übungen für alle, die beruflich schreiben*. Linde Verlag GmbH, 2012.

Compilation: Writing Center of TU Dresden, 2020.

Typesetting, accessibility, and translation: Leonie Reuter, 2023.

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