The status of empowerment strategies in diabetes self-management education in the European Union member states. Diabetes Literacy Project
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Methods
European Commission funded Diabetes Literacy -project (7th Framework Programme)
• Data collection with
  a) Wiki tool (WT) to assess the status of DSME in EU member states (during 2014)
  • Study population: Patients and different stakeholders working in the field of diabetes care
  • Online questionnaire available in English, German, French, Dutch, Spanish, Hebrew and Mandarin
  b) Literature review (LR) performed in PubMed to include published DSME data in Europe (1983 - 2014)

Results

Professional Groups involved

Empowerment strategy

Teaching and Learning methodologies

Topics discussed

Conclusions
• patient empowerment through increasing knowledge is the most commonly employed strategy in EU MS
• psycho-social intervention is the least common strategy
• the discussion regarding “living with diabetes” primarily empowers patients through understanding own clinical pictures
• empowerment can be improved by using new technologies for teaching and learning
• successful implementation of empowerment strategy requires training on behavioral changes for the diabetes educators

References