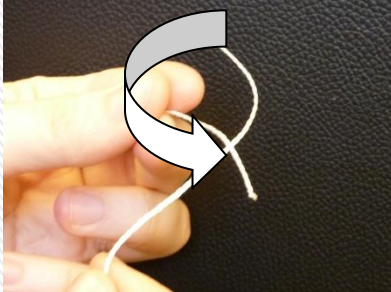


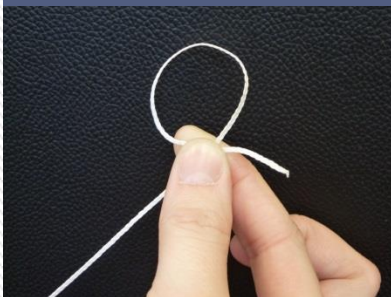
## How to make the packthread loop

step 1



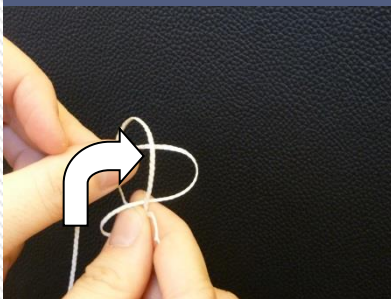
Hold the thread vertically, bring the upper end of the thread towards yourself over the lower end (of the thread).

step 2



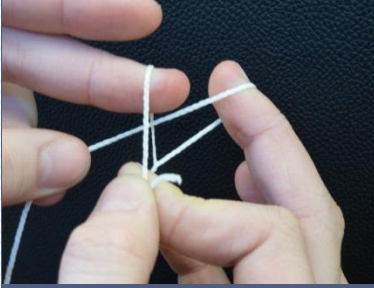
Now hold the thread with your right thumb and finger on the crossing and hold the lower thread with your left hand near the crossing.

step 3



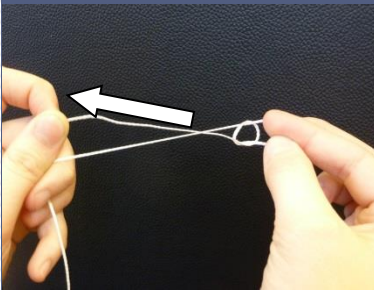
Place the middle part of the thread through the loop you created in step 2 with your left hand. Keep on holding the crossing with your right thumb and index finger as described in step 2.

#### step 4



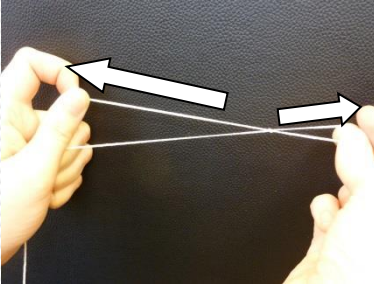
The middle finger of your right hand takes up the second loop you created in step 3 and pulls it tight. Take up the first loop (created in step 2) with your left middle finger and pull it tight as well.

#### step 5



Hold the upper end of the thread with your left thumb and index finger as described in step 1 while the middle finger of your right hand still holds the second loop you created in step 3

#### step 6



Tighten the upper end of the thread by pulling with your left hand while pressing your right thumb on your right middle finger that is positioned as shown in step 5 in order to hold the loop.

#### step 7



With your hands positioned as described in step 6, pull thread ends and loop apart until you created a small knot.