

List of publications

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ORIGINAL ARTICLES:

- Trautmann, S., Reineboth, M., Trikojat, K., Richter, J., Hagensaars, M., Kanske, P., **Schäfer, J.** (2018). Susceptibility to others' emotions moderates immediate self-reported and biological stress responses to witnessing trauma. *Behaviour Research and Therapy*. <https://doi.org/10.1016/j.brat.2018.09.001>
- Schäfer, J.**, Zvielli, A., Höfler, M., Wittchen, H. U., & Bernstein, A. (2018). Trauma, attentional dysregulation, and the development of posttraumatic stress: An investigation of risk pathways. *Behaviour research and therapy*, 102, 60-66.
- Schäfer, J.**, Bernstein, A., Zvielli, A., Höfler, M., Wittchen, H. U., & Schönfeld, S. (2016). Attentional Bias Temporal Dynamics Predict Posttraumatic Stress Symptoms: A Prospective–Longitudinal Study among Soldiers. *Depression and Anxiety*.
- Schäfer, J.**, Wittchen, H.-U., Höfler, M., Heinrich, A., Zimmermann, P., Siegel, S., & Schönfeld, S. (2015). Is trait resilience characterized by specific patterns of attentional bias to emotional stimuli and attentional control? *Journal of Behavior Therapy and Experimental Psychiatry*. <http://doi.org/10.1016/j.jbtep.2015.03.010>
- Trautmann, S., Schönfeld, S., Behrendt, S., **Schäfer, J.**, Höfler, M., Zimmermann, P., Wittchen, H.-U. (2014). Associations between lifetime PTSD symptoms and current substance use disorders using a five-factor model of PTSD. *Journal of Anxiety Disorders*. <http://dx.doi.org/10.1016/j.janxdis.2014.11.009>.
- Zimmermann, P., **Schäfer, J.**, Trautmann S. (2014). Das Risiko erneuter Auslandseinsätze bei Soldaten mit einsatzbezogener Posttraumatischer Belastungsstörung. *Verhaltenstherapie und Psychosoziale Praxis*, 46(3),748-758.
- Wittchen, H. U., Schönfeld, S., Thurau, C., Trautmann, S., Galle, M., Mark, K., Hauffa, R., Zimmermann, P., **Schäfer, J.** Steudte S., Siegert, J., Höfler, M., Kirschbaum, C. (2012). Prevalence, incidence and determinants of PTSD and other mental disorders: design and methods of the PID-PTSD+ 3 study. *International journal of methods in psychiatric research*, 21(2), 98-116.

CONFERENCE ACTIVITIES:

Schäfer, J., (2019). The role of mindfulness and emotional regulation in the development of PTSD symptomatology: Findings from a trauma analogue study. Paper presented at the World Congress of Behavioural and Cognitive Therapies. Berlin, Germany.

Schäfer, J. (2019). Tackling the problem of unreliable attentional bias measurements: Considering its temporal dynamics might be one possible solution. Talk at the Conference on Personality and Psychological Assessment. Dresden, Germany.

Schäfer, J., Zvielli, A., Bernstein, A., Höfler, M., Wittchen, H.-U., Schönfeld, S. Aufmerksamkeitsverzerrungen als dynamischer Prozess in der Entstehung und Aufrechterhaltung der posttraumatischen Belastungsstörung: Ergebnisse einer prospektiven Längsschnittstudie. DGPPN Congress 2015 in Berlin (Talk).

Schäfer, J., Zvielli, A., Bernstein, A., Höfler, M., Wittchen, H.-U., Schönfeld, S. Attentional Bias and Posttraumatic Stress Symptom Severity: A Dynamic Perspective in a Prospective Longitudinal Study among an At Risk Sample. EABCT Congress 2015 in Jerusalem. (Talk)

Schönfeld, S., **Schäfer, J.**, Höfler, M., Wittchen, H.-U. Identifying Cognitive-Emotional Risk Factors for Mental Health Problems after Combat Exposure and Trauma Experience in the German Military. EABCT Congress 2015 in Jerusalem. (Talk)

Schäfer, J. & Mühlhan, M.(2015). Von der Vulnerabilität bis zur Störung: Biologische und kognitive Determinanten von Traumafolgen. 9. Workshopkongress für Klinische Psychologie und Psychotherapie & 33. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der DGPs, (Symposium).

Schäfer, J., Wittchen, H.-U., Höfler, M., Schönfeld, S. (2015) Resilienz bei Soldaten: Assoziationen mit Emotionsregulation und Aufmerksamkeitskontrolle. 9. Workshopkongress für Klinische Psychologie und Psychotherapie in Dresden (Talk).

Diers, K., **Schäfer, J.**, Weber, F., Brocke, B., Schönfeld, S., Strobel, A. (2015). The time-course of cognitive emotion regulation across prolonged time-scales. Psychologie und Gehirn Congress 2015 in Frankfurt (Talk).

Trautmann, S., Schönfeld, S., Heinrich, A., **Schäfer, J.**, Zimmermann, P., Wittchen, H.-U. (2015). Risk factors for common mental disorders in the context of military employment: A longitudinal study. EPA Congress, March 28-31, 2015, Vienna, Austria. (Talk)

Schäfer, J., Wittchen H.-U., Höfler, M., Trautmann, S., Heinrich, A., Zimmermann, P., Schönfeld, S. (2014). Assoziationen zwischen Aufmerksamkeitskontrolle, Traumadosis und depressiven Symptomen. DGPPN Congress 2014 in Berlin (Talk)

- Schäfer, J.**, Schönfeld, S., Höfler, M., Wittchen, H.-U. (2014). Associations between attentional control and suicidality in German soldiers after deployment in Afghanistan. ECNP Congress 2014 in Berlin (Poster and abstract publication in the supplement of the Journal European Neuropsychopharmacology).
- Schäfer, J.**, Wittchen, H.-U., Höfler, M., Schönfeld, S. (2014). Attentional control moderates the relationship between attentional vigilance to threat and symptoms of posttraumatic stress disorder respectively self-reported resilience in traumatized German soldiers. EABCT Congress 2014 in Den Haag. (Talk)
- Schäfer J.**, Pannasch S., Richter J., Höfler M. & Schönfeld S. (2014) Peri-traumatic attentional bias to threat predicts posttraumatic intrusions depending on emotion dysregulation and attentional control. EABCT Congress 2014 in Den Haag. (Poster)
- Schönfeld, S., **Schäfer, J.** & Wittchen, H.-U. (2014) The Role of Cognitive Perseverance in the Prediction of Posttraumatic Symptoms Following Deployment Related Trauma. EABCT Congress 2014 in Den Haag. (Talk)
- Schönfeld, S., **Schäfer, J.** & Wittchen, H.-U. (2014). Overgeneral Memory Pre Trauma as a Vulnerability Factor for Current Posttraumatic Symptoms. EABCT Congress 2014 in Den Haag. (Talk)
- Trautmann, S., Trikojat, K., **Schäfer, J.**, Strehle, J., Richter, J., Schönfeld, S. (2014). Anstieg von alkoholbezogenen Aufmerksamkeitsverzerrungen und Craving nach Erleben eines Traumas. 32. Symposium der Fachgruppe für Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie (DGPs) in Braunschweig. (Talk)
- Schäfer, J.**, Schönfeld, S., Wittchen, H.-U. Assoziationen zwischen Resilienz und Aufmerksamkeitsverzerrungen bei Soldaten der Bundeswehr kurz vor dem Auslandseinsatz. (2014). 16. Jahrestagung der Deutschsprachigen Gesellschaft für Psychotraumatologie DeGPT. (Poster)