

1 Current Positions

Senior Professorship

Work group Addictive Behaviours, Risk Analysis and Risk Management

Institute of Clinical Psychology and Psychotherapy

Technische Universität Dresden

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Director, special outpatient clinic, TU Dresden

for alcohol, cannabis, gambling disorder and tobacco dependency

Adjunct Professor in Addiction Psychiatry

Unit of Clinical Alcohol Research, Faculty of Health

Odense, University of Southern Denmark

2 Personal information

Born 23.09.1947 in Waiblingen, Baden-Württemberg, Germany

3 Academic education

1981 PhD, University of Tübingen

1973 Diploma in Psychology

1971-1972 Studies of Psychology, Ludwig-Maximilians-University in München

1966-1971 Studies of Psychology, University of Mannheim

4 Professional career

2018 - present Adjunct Professor in Addiction Psychiatry, University of Southern Denmark

2016 – present Senior Professor, Institute of Clinical Psychology and Psychotherapy,
Technische Universität Dresden

Head, Work group Addictive Behaviour, Risk Analysis and Risk Management

2008 – present Founder and partner, IFT Gesundheitsförderung, Munich

State-approved training institute (psychological psychotherapy, addiction therapy; course instructor for prevention programmes, supervision training) and projects for workplace health promotion

2007 - 2016 Founder and Director of the European Graduate School in Addiction Research (ESADD)

- 2005 –2016** Professor of Addiction Research, Institute of Clinical Psychology and Psychotherapy, Technische Universität Dresden
Establishment of the newly founded professorship in 2005 with a basic and applied research programme
- 2002 - 2005** Visiting professor, Department of Clinical Psychology, Universität Konstanz
- 1990 – present** Supervisor, Treatment, and control system for commercial pilots with mental disorders
- 1973 - present** Co-founder and partner, IFT Institut für Therapieforschung, Munich, together with Prof. Brengelmann and Prof. Mai (MPIP); non-profit institute for applied research (psychosomatic disorders, from 1987 onwards mainly substance disorders) (Director from 1973 -2012)
- 1973 - 1987** Director, Addiction Research Group, Max-Planck-Institut für Psychiatrie, Munich
Establishment and management of a new research group on the following topics: Therapy research for the treatment of substance use disorders (focus on illicit drugs); evaluation of the care system for subjects with substance disorders and of model programmes of the Federal Ministry of Health as well as clinical epidemiology and population epidemiology research

5 Therapeutic qualification

- 1999 State license as psychotherapist
- 1995 Supervisor BDP
- 1982 Clinical Psychologist BDP
- 1971-1975 Training in behaviour therapy (Max-Planck-Institut für Psychiatrie, Munich)

6 Editor / Work for professional journals

6.1 Editorial responsibilities

- 1994 - present Assistant Editor, Journal ADDICTION
- 1993-2013 Co-Editor, Journal Verhaltensmodifikation und Verhaltensmedizin
- 1991 - present Editorial Board, journal SUCHT
1984-1990 Member, Advisory Committee
1991-2000 Assistant Editor
2001-2015 Editor-in-Chief
2015-present Deputy Editor-in-Chief

6.2 Advisory board membership

- 2013 - present Editorial Board, Journal of Behavioral Addictions
- 2001 - present Advisory Board, Trastornos Adictivos

6.3 Reviewer

Regular reviews for national and international peer-reviewed journals, expert opinions for courts (gambling disorders), parliaments (gambling regulation) and flight safety agencies (mental disorders of commercial pilots)

7 Publications and lectures

Approx. 220 publications in peer-review journals, 130 books and book sections and 135 other publications (as of January 2021)

Approx. 480 lectures (as of January 2021)

8 Current Research interests

- Basic research of aetiology, progression and remission of substance use disorders and pathological gambling: individual risk factors and risk profiles
- Individual and societal risk management in different fields of applied research: consumer protection in gambling, safety-relevant workplaces and psychotherapy studies

9 Research projects

9.1 Current Projects 2018-2021, TU Dresden

- CRC/SFB 940 –project C1: Volitional dysfunction in self-control failures and addictive behaviours (basic research, 2012 - 2024)
- Characteristics and prediction of risky gambling behavior (RIGAB, basic research, 2020-2023)
- The role of cognitive dysfunctions in predicting real-life gambling behaviour (pilot study, 2016 - present)
- Consumer protections measures for persons participating in gambling (2016 - present)
- examination of excluded casino gamblers (2015 – 2018)
- analysis of effects of supply reduction in gambling (2018)
- Motivational Enhancement Therapy and Community Reinforcement Approach for Treating Alcohol Problems in the Elderly – An international multicentre study (ELDERLY; 2014-2019)

9.2 Former Projects 2005-2018, TU Dresden

- BMBF grant for a 3T-MRI system (in collaboration with Prof. Wittchen and Prof. Goschke) for a cognitive-affective neuroscience programme on addiction.
- Relevance of the psychosocial network for the development of pathological gambling (pilot study)
- Addiction as disorder of volition: Impaired cognitive control functions in nicotine dependence (DFG)
- Learning and habituation as predictors of the development and maintenance of alcoholism (DFG)
- Implementation of the program „CANDIS – targeted treatment for cannabis disorders” in German outpatient treatment facilities (CANDIS II; BMG)
- Analysis of the addiction care system in the Free State of Saxony and development of guidelines for future improvements (Ministry of Health)
- PREMOS – Predictors, Moderators and Outcomes of Substitution Treatment for opioid dependence in Germany (BMG)
- Addictions and Lifestyles In Contemporary Europe - Reframing Addictions Project (ALICE-RAP; EU)
- European Graduate School in Addiction Research (ESADD; Volkswagen Foundation)
- Prospective memory performance in adult dependent smokers and never-smokers from the general population
- Risk Profiling for Alcohol Use Disorders over the Lifespan (AERIAL-TP8, BMBF)

9.3 Former Projects 1973-2012, IFT Institut für Therapieforschung, Munich

About 150 projects with third-party funds by the following organizations:

- Federal Highway Research Institute (BAST)
- Federal Institute for Drugs and Medical Devices (BfArM)
- Federal Ministry of Health (BMG)
- Federal Ministry of Economics and Labour (BMWA)
- Federal Ministry of Education and Research (BMBF; among others within the framework of the addiction research focus 2001 - 2008)
- Federal Centre for Health and Education (BZgA)
- Ministries of the Federal States of Hamburg, Rheinland-Pfalz, Hessen, Baden-Württemberg, Bayern, Thüringen, Berlin, Mecklenburg-Vorpommern
- Several funding programmes of the European Union
- European Monitoring Centre for Drugs and Drug Addiction (EMCDDA)
- WHO Regional Office Europe

10 Teaching

10.1 Teaching at universities (TU Dresden)

2003-2016 regular seminars on the following topics:

- Substance use disorders: aetiology, epidemiology, prevention and therapy
- Pathological Gambling
- Current issues in addiction research
- Lecturer, European Graduate School in Addiction Research

10.2 Continuing and further education

1990 - present	Training seminars for aviation physicians and executive staff on handling pilots with substance use disorders
1982 - 1986	Lecturer, seminars for senior executives in the field of substance use disorders on the planning, improvement and evaluation of therapeutic facilities
1975 - 1981	Lecturer, 3 years further education for psychologists, physicians and social workers on programs of behavioural therapy for the treatment of substance use disorders
1975 - 1980	Lecturer, further education, behaviour therapy of substance use disorders, Behaviour Therapy Weeks
1973 - 1975	Lecturer, planning and evaluation of therapeutic programmes for persons with substance use disorders, Max-Planck-Institute of Psychiatry, Munich

11 Membership in scientific associations

- 2010 European Association for the Study of Gambling (EASG)
- 2001 International Society of Addiction Journal Editors (ISAJE)
- 2000 German Association for Addiction Psychology
- 1999 Society for the Study of Addiction
- 1997 Bayerische Akademie für Suchtfragen in Forschung und Praxis BAS e. V.
- 1993 European Association of Substance Abuse Research (EASAR)

- 1985 German Association for Psychology e. V. (DGPs)
- 1984 German Society of Behavioural Medicine and Behaviour Modification (DGVGM)
- 1981 German Association for Addiction Research and Therapy (DG-S)
- 1978 The Association of German Professional Psychologists (BDP)

12 Appointments and awards

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| 2018 | Scientific Advisory Board of the Study on Staffing in Psychiatry and Psychosomatics (GBA) |
| 2017 | Diotima Award of the German Federal Chamber of Psychotherapists |
| 2014-2016 | President, International Organisation of Alcohol, Tobacco, other Drugs and Behavioural Addictions Research Association (ICARA) |
| 2008 -2020 | Member, Scientific Committee, European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) <ul style="list-style-type: none"> • 2014-2017 Chair |
| 2010-2015 | Member, German Steering Group "S3 Guidelines" for Alcohol and Tobacco Use Disorders" |
| 2002-2008 | Member, Scientific Advisory Board, "German project on heroin assisted treatment of opiate dependent patients" |
| 2000 | Organizing the 6 th EASAR Conference, Seon, 2000 |
| 1997 | Founding member, Bavarian academy for Addiction Issues in Research and Practice BAS e.V.
1997-2003 Board member |
| 1995 | Organizer and head, 1. EASAR Conference, Tutzing |
| 1993 | Founding member and Member of the Board, European Association of Substance Abuse Research (EASAR) <ul style="list-style-type: none"> • 2000-2002 President |
| 1993-1995 | Chairman, Expert Group for the Development of Guidelines for Methadone Maintenance in Germany |
| 1989-1991 | Chairman, Committee for the Revision of Treatment Follow-up Guidelines, German Association for Addiction Research and Therapy |
| 1989 | Co-chairman, German-American Conference on "Research in drug abuse treatment", Camden/New Jersey |
| 1987-1989 | Chairman, WHO-Expert Committee, "Study on early intervention in drug abuse careers", Munich |
| 1987-2013 | Member, Scientific Advisory Committee, German Centre for Addiction Issues (DHS) <ul style="list-style-type: none"> • 1992-1993 Deputy chairman |
| 1986-1988 | Member, Scientific Committee, European Drug Information System, Laboratorio per le politiche sociali (LABOS), Rome |
| 1982-1984 | Chairman, Committee for the Development of Treatment Follow-up Standards, German Association for Addiction Research and Therapy |
| 1980-1985 | Member, Subcommittee on Medicine and Prevention, Governmental German-American Joint Program for Future Cooperation in the Field of Control of Drug and Narcotics Abuse <ul style="list-style-type: none"> • 1980 Chairman, Workshop „Evaluation of Drug Abuse indicators", Bonn • 1983 Member, Workshop "Treatment of Drug Dependence", Nürnberg • 1985 Member, Workgroup "The Role of Force in Treatment", Annapolis |