

1 Current Position

Professor

Work group Addictive Behaviors, Risk Analysis and Risk Management

Institute of Clinical Psychology and Psychotherapy

Technische Universität Dresden

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Head of the special outpatient clinic, TU Dresden

for alcohol, cannabis, gambling disorder and tobacco dependency

Adjunct Professor in Addiction Psychiatry

Unit of Clinical Alcohol Research, Faculty of Health

Odense, University of Southern Denmark

2 Personal information

Born 23.09.1947 in Waiblingen, Baden-Württemberg, Germany

3 Academic education

1981 PhD, University of Tübingen

1973 Diploma in Psychology

1971-1972 Studies of Psychology, Ludwig-Maximilians-University in München

1966-1971 Studies of Psychology, University of Mannheim

4 Professional career

2018 - present Adjunct Professor in Addiction Psychiatry, University of Southern Denmark

2008 – present Founder and shareholder, IFT Gesundheitsförderung, Munich
State-approved training institute (psychological psychotherapy, addiction therapy; course instructor for prevention programmes, supervision training) and projects for workplace health promotion

2007-2016 Founder and Head of the European Graduate School in Addiction Research (ESADD)

- 2005 – present** Professor, Institute of Clinical Psychology and Psychotherapy, Technische Universität Dresden
2005-2016 Professor of Addiction Research
 Establishment of the newly founded professorship in 2005 with a basic and applied research programme
2016 – present Senior professor
 Head, work group addictive behavior, risk analysis and risk management
- 2002-2005** Visiting professor, Department of Clinical Psychology, Universität Konstanz
- 1973 - present** Co-founder and shareholder, IFT Institut für Therapieforschung, Munich Foundation as non-university non-profit research institute, together with Prof. Brengelmann and Prof. Mai (MPIP) for applied research (psychosomatic disorders, from 1987 mainly substance disorders)
- 1973-1987 Head, Addiction Research Group, Max-Planck-Institut für Psychiatrie, Munich
 Establishment and management of a new research group on the following topics founded in 1973: Therapy research for the treatment of substance use disorders (focus on illegal drugs); evaluation of the care system for persons with substance disorders and of model programmes of the Federal Ministry of Health as well as clinical epidemiology and population epidemiology projects

5 Therapeutic qualification

- 1999 State license as psychotherapist
 1995 Supervisor BDP
 1982 Clinical Psychologist BDP
 1971-1975 Training in behaviour therapy (Max-Planck-Institut für Psychiatrie, Munich)

6 Editor / Work for professional journals

6.1 Editorial responsibilities

- 1994 - present Assistant Editor, journal ADDICTION
 1993-2013 Co-Editor, journal "Verhaltensmodifikation und Verhaltensmedizin", (1997 - present: "Verhaltenstherapie und Verhaltensmedizin")
 1991 - present Editorial board, journal SUCHT
 1984-1990 member, advisory committee
 1991-2000 Assistant Editor, journal "SUCHT"
 2001-2015 Editor-in-Chief, journal "SUCHT"
 2015-present Deputy Editor-in-Chief, journal "SUCHT"

6.2 Advisory board membership

- 2013 - present Advisory Board, „Journal of Behavioral Addictions“
 2001 - present Advisory Board, „Trastornos Adictivos“
 1990 - 2001 Advisory Board, journal "Verhaltenstherapie"

6.3 Reviewer

Regular reviews for national and international peer-reviewed journals, expert opinions for courts as well as flight safety agencies

7 Publications and lectures

Approx. 200 publications in peer-review journals, 130 books and book sections and 130 other publications (as of December 2018)

Approx. 460 lectures (as of December 2018)

8 Current Research interests

- Basic research of aetiology, progression, chronification, and remission of substance use disorders and pathological gambling: individual risk factors and risk profiles
- Risk management in different fields of research: consumer protection in gambling, safety-relevant work places and therapy studies

9 Research projects

9.1 Current Projects TU Dresden (2018/2019)

- CRC/SFB 940 –project C1: Volitional dysfunction in self-control failures and addictive behaviours (basic research, 2012 - 2020)
- The role of cognitive dysfunctions in predicting real-life gambling behaviour (pilot study, 2016 - present)
- Consumer protections measures for persons participating in gambling (2016 - present)
- examination of excluded casino gamblers (2015 – 2018)
- analysis of effects of supply reduction in gambling (2018)
- Motivational Enhancement Therapy and Community Reinforcement Approach for Treating Alcohol Problems in the Elderly – An international multicentre study (ELDERLY; 2014-2019)

9.2 Projects, IFT Institut für Therapieforschung, Munich (completed)

About 150 projects with third-party funds by the following organizations:

- Federal Highway Research Institute (BAST)
- Federal Institute for Drugs and Medical Devices (BfArM)
- Federal Ministry of Health (BMG)
- Federal Ministry of Economics and Labour (BMWA)
- Federal Ministry of Education and Research (BMBF; among others within the framework of the addiction research focus 2001 - 2008)
- Federal Centre for Health and Education (BZgA)
- Ministries of the Federal States of Hamburg, Rheinland-Pfalz, Hessen, Baden-Württemberg, Bayern, Thüringen, Berlin, Mecklenburg-Vorpommern
- Several funding programmes of the European Union
- European Monitoring Centre for Drugs and Drug Addiction (EMCDDA)
- WHO Regional Office Europe

9.3 Projects, Technische Universität Dresden (completed)

- BMBF grant for a 3T-MRI system (in collaboration with Prof. Wittchen and Prof. Goschke) for a cognitive-affective neuroscience programme on addiction.
- Relevance of the psychosocial network for the development of pathological gambling (pilot study)
- Addiction as disorder of volition: Impaired cognitive control functions in nicotine dependence (DFG)
- Volitional dysfunction in self-control failures and addictive behaviors (DFG-SFB 940)
- Learning and habitization as predictors of the development and maintenance of alcoholism (DFG)
- Implementation of the program „CANDIS – targeted treatment for cannabis disorders“ in German outpatient treatment facilities (CANDIS II; BMG)
- Analysis of the addiction care system in the Free State of Saxony and development of guidelines for future improvements (Ministry of Health)
- PREMOS – Predictors, Moderators and Outcomes of Substitution Treatment for opioid dependence in Germany (BMG)
- Addictions and Lifestyles In Contemporary Europe - Reframing Addictions Project (ALICE-RAP; EU)
- European Graduate School in Addiction Research (ESADD; Volkswagen Foundation)
- Prospective memory performance in adult dependent smokers and never-smokers from the general population
- Risk Profiling for Alcohol Use Disorders over the Lifespan (AERIAL-TP8, BMBF)

10 Teaching

10.1 Teaching at universities (TU Dresden)

2003-2016 regular seminars on the following topics

- Substance use disorders: aetiology, epidemiology, prevention and therapy
- Pathological Gambling
- Current issues in addiction research
- Lecturer, European Graduate School in Addiction Research

10.2 Continuing and further education

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| 1990 - present | Training seminars for aviation physicians and executive staff on handling pilots with substance use disorders |
| 1982 - 1986 | Lecturer, seminars for executives in the field of dependence on the planning, improvement and evaluation of therapeutic facilities |
| 1975 - 1981 | Lecturer, 3 years further education for psychologists, physicians and social workers on programs of behavioural therapy for the treatment of substance use disorders |
| 1975 - 1980 | Lecturer, further education, behaviour therapy of substance use disorders, Behaviour Therapy Weeks |
| 1973 - 1975 | Lecturer, planning and evaluation of therapeutic programmes for persons with substance use disorders, Max-Planck-Institute of Psychiatry, Munich |

11 Membership in scientific associations

- 2010 European Association for the Study of Gambling (EASG)
- 2001 International Society of Addiction Journal Editors (ISAJE)
- 2000 German Association for Addiction Psychology
- 1999 Society for the Study of Addiction
- 1997 Bayerische Akademie für Suchtfragen in Forschung und Praxis BAS e. V.
- 1993 European Association of Substance Abuse Research (EASAR)
- 1985 German Association for Psychology e. V. (DGPs)
- 1984 German Society of Behavioural Medicine and Behaviour Modification (DGVM)
- 1981 German Association for Addiction Research and Therapy (DGSS)
- 1978 The Association of German Professional Psychologists (BDP)

12 Appointments and awards

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|----------------|---|
| 2018 | Scientific Advisory Board of the Study on Staffing in Psychiatry and Psychosomatics (GBA) |
| 2017 | Diotima Award of the German Federal Chamber of Psychotherapists |
| 2014-2016 | President, International Organisation of Alcohol, Tobacco, other Drugs and Behavioural Addictions Research Association (ICARA) |
| 2008 - present | Member, Scientific Committee, European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) <ul style="list-style-type: none"> • 2014-2017 Chair |
| 2012 - present | Member, Scientific Board EUFAS (European Federation of Addiction Societies) |
| 2010-2015 | Member, German Steering Group "S3 Guidelines" for Alcohol and Tobacco Use Disorders" |
| 2002-2008 | Member, Scientific Advisory Board, "German project on heroin assisted treatment of opiate dependent patients" |
| 2000 | Organizing the 6 th EASAR Conference, Seeon, 2000 |
| 1997 | Founding member, Bavarian academy for Addiction Issues in Research and Practice BAS e.V. 1997-2003 Board member |
| 1995 | Organizer and head, 1. EASAR Conference, Tutzing |
| 1993 | Founding member and Member of the Board, European Association of Substance Abuse Research (EASAR) <ul style="list-style-type: none"> • 2000-2002 President |
| 1993-1995 | Chairman, Expert Group for the Development of Guidelines for Methadone Maintenance in Germany |
| 1989-1991 | Chairman, Committee for the Revision of Treatment Follow-up Guidelines, German Association for Addiction Research and Therapy |
| 1989 | Co-chairman, German-American Conference on "Research in drug abuse treatment", Camden/New Jersey |
| 1987-1989 | Chairman, WHO-Expert Committee, "Study on early intervention in drug abuse careers", Munich |
| 1987-2013 | Member, Scientific Advisory Committee, German Centre for Addiction Issues (DHS) <ul style="list-style-type: none"> • 1992-1993 Deputy chairman |

- 1986-1988 Member, Scientific Committee, European Drug Information System, Laboratorio per le politiche sociali (LABOS), Rome
- 1982-1984 Chairman, Committee for the Development of Treatment Follow-up Standards, German Association for Addiction Research and Therapy
- 1980-1985 Member, Subcommittee on Medicine and Prevention, Governmental German-American Joint Program for Future Cooperation in the Field of Control of Drug and Narcotics Abuse
- 1980 Chairman, Workshop „Evaluation of Drug Abuse Indicators“, Bonn
 - 1983 Member, Workshop "Treatment of Drug Dependence", Nürnberg
 - 1985 Member, Workgroup "The Role of Force in Treatment", Annapolis