The background of the slide is a Cosmic Microwave Background (CMB) fluctuation map. It shows a complex pattern of temperature variations across the sky, with colors ranging from dark blue (cooler) to yellow and red (warmer). The fluctuations are most prominent in the central and right-hand regions, showing a mix of large-scale and small-scale features.

Cosmic Phase Transitions

Stephan Huber, University of
Sussex

*International Summer School,
Dresden
August 2017*

Overview:

Brief history of the universe and the history of that

Some theory basics for phase transitions in particle physics

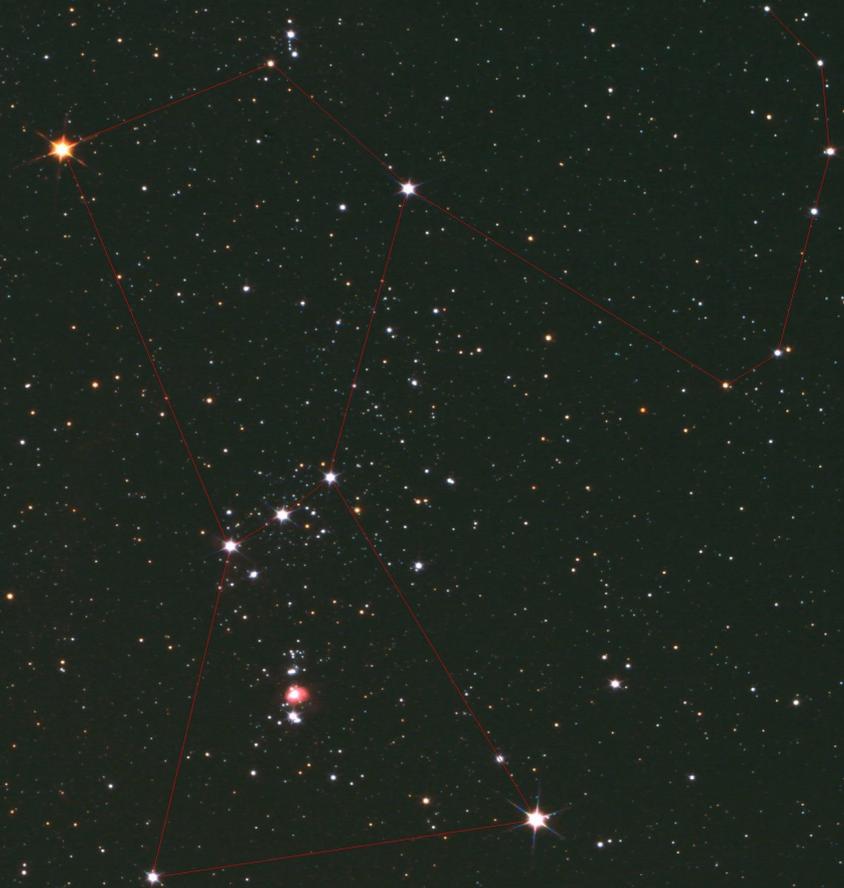
Electroweak baryogenesis

Example: Two Higgs doublet model

Dynamics of a phase transition

Gravitational waves from phase transitions

Does the universe evolve?



From Balkonsternwarte.at

A few milestones:

1915: General Relativity (GR), theory for a **dynamic spacetime** (A. Einstein)

1922: GR solutions for an expanding universe (A. Friedmann)

1927 (Lamaitre), 1929 (Hubble): distance-velocity relation

“Hubble law”

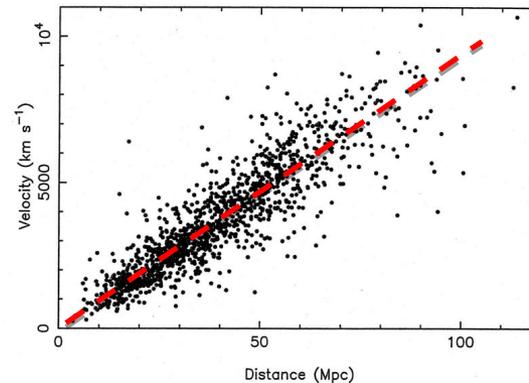
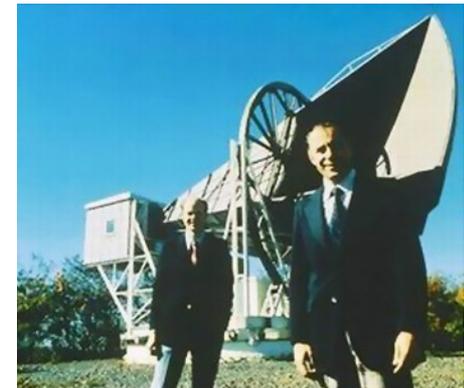


Figure 2.5 A plot of velocity versus estimated distance for a set of 1355 galaxies. A straight-line relation implies Hubble's law. The considerable scatter is due to observational uncertainties and random galaxy motions, but the best-fit line accurately gives Hubble's law. [The x-axis scale assumes a particular value of H_0 .]

1964: Penzias and Wilson discover the **cosmic microwave background radiation** (CMB), corresponding to a black body radiation of temperature 2.7 K

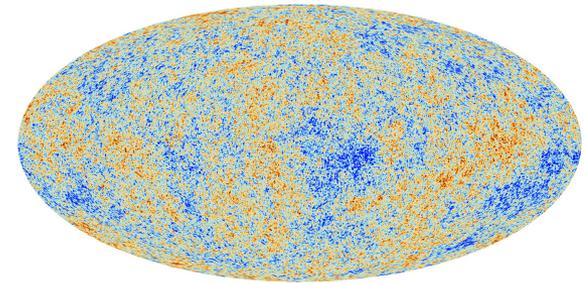
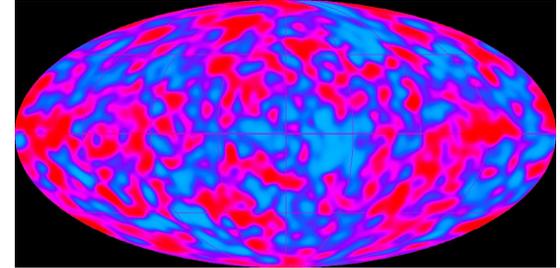


Satellite missions to study the CMB:

1989-1993: COBE discovers anisotropies

2001-2010: WMAP

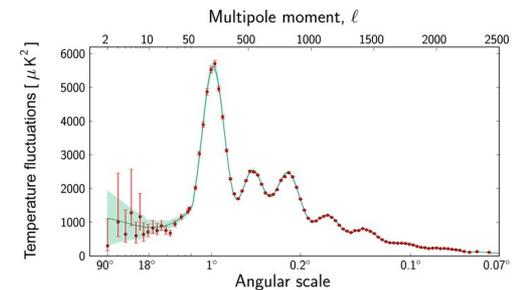
2009-2013: Planck



These maps encode valuable information on the early universe, eg. the

Baryon to photon ratio:

$$\eta_B = \frac{n_B}{n_\gamma} = (6.047 \pm 0.074) \times 10^{-10}$$

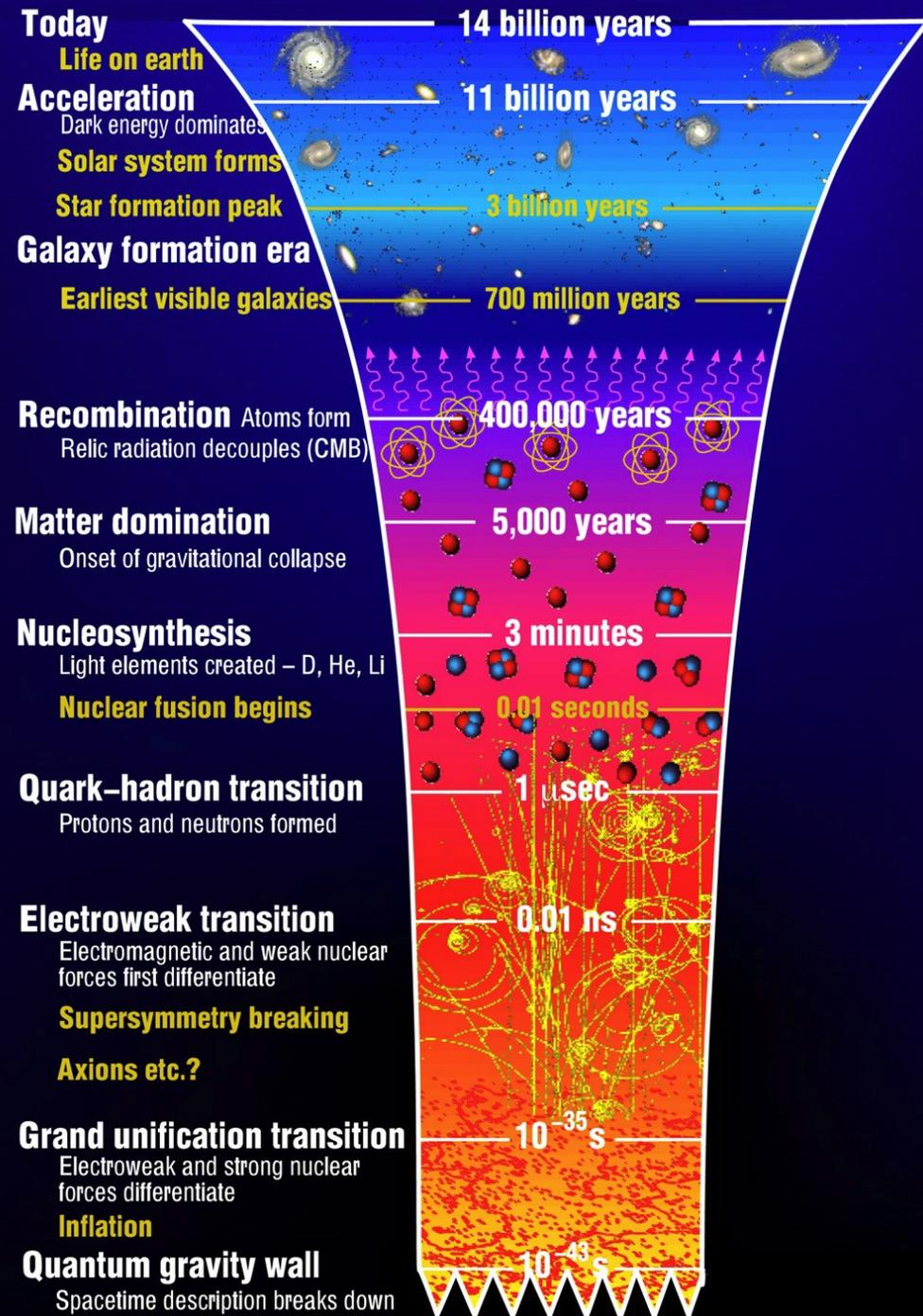


Summary: the universe is expanding and had a

hot and dense beginning: “Big Bang”

Thermal history of The universe:

(No direct observational evidence
Before Nucleosynthesis)



Source: CTC Cambridge

Mathematical foundations

Particle physics:

Theoretical framework: quantum field theory

In particular nonabelian gauge theories based on a

gauge group: in the standard model (SM) $SU(3) \times SU(2) \times U(1)$

describing

Gauge bosons: in the SM the gluons, W's, Z and the photon

Fermions: in the SM the quarks and leptons

Scalar fields: in the SM the Higgs

	Fermions			Bosons	
Quarks	u up	c charm	t top	γ photon	Force carriers
	d down	s strange	b bottom	Z Z boson	
Leptons	ν_e electron neutrino	ν_μ muon neutrino	ν_τ tau neutrino	W W boson	
	e electron	μ muon	τ tau	g gluon	
				Higgs boson	

General form of the Lagrangian

$$\mathcal{L} = -\frac{1}{4} F_{\mu\nu}^{(a)} F^{\mu\nu (a)}$$

$$+ \bar{\psi}_I (i \gamma^\mu D_\mu - m) \psi_I$$

$$+ (D_\mu \phi_A)^\dagger (D^\mu \phi_A)$$

$$- V(\phi_A)$$

$$- y_{ABC} \bar{\psi}_A \psi_B \phi_C$$

$$D_\mu = \partial_\mu - ig T^a A_\mu^a$$

$$F_{\mu\nu}^{(a)} = \partial_\mu A_\nu^{(a)} - \partial_\nu A_\mu^{(a)} \dots$$

Gauge field kinetic term

Dirac Lagrangian for fermions

Kinetic terms for scalars

Scalar potential

Yukawa interactions

Covariant derivative

Field strength tensor

Symmetries

Such a system typically has various symmetries: (in addition to the Lorentz symmetry)

Gauge symmetry:

$$\phi^\alpha \rightarrow U^\alpha{}_\beta \phi^\beta$$

$U \in G$ (gauge group)

$\alpha = 1, \dots, \dim(\text{repr.})$

Global symmetries, eg.

$$\phi_I \rightarrow V_{IJ} \phi_J$$

$V \in H$

I : flavor index

Discrete symmetries, eg.

$$\phi \rightarrow -\phi \quad (\mathbb{Z}_2)$$

Spontaneous symmetry breaking:

Crucial: the **scalar potential**

Its generic form for one complex field is

$$V(\phi) = m^2 |\phi|^2 + \lambda |\phi|^4$$

The lowest energy configuration of the system is a constant scalar field (all other fields zero)

$\phi = v$

$$|v|^2 = -\frac{m^2}{2\lambda}$$

where $V(v)$ is the minimum of the potential

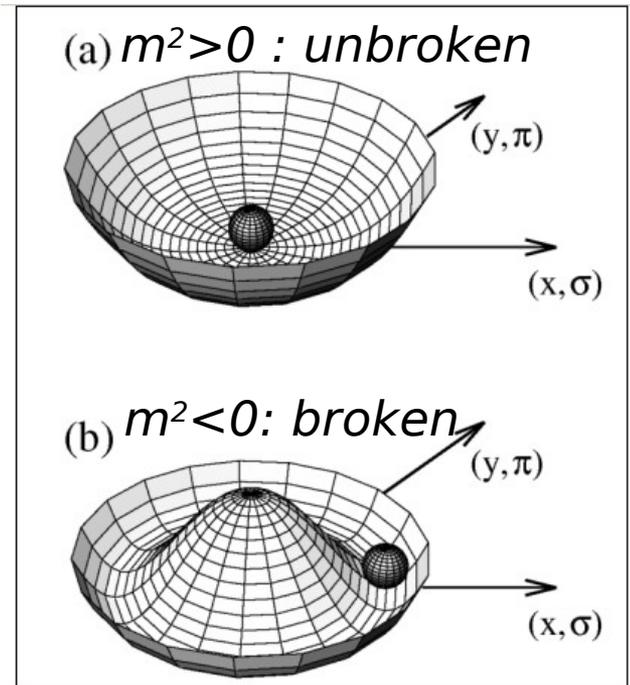
for v **different from zero**, the minimum is **not invariant** under gauge transformations:

$$v \rightarrow Uv \neq v$$

This process also generates masses for gauge bosons and fermions

$$y \bar{\psi} \psi \langle \phi \rangle \rightarrow m_\psi = y \langle \phi \rangle$$

$$g^2 A_\mu A^\mu \langle \phi \rangle^2 \rightarrow m_A^2 = g^2 \langle \phi \rangle^2$$



V. Koch, *Introduction to Chiral Symmetry*, ort 38000, 1995

Quantum corrections to the scalar potential:

Interactions with other particles modify the scalar potential

Often this can be computed in perturbation theory, organized in a loop expansion.

$$V^{(1)}(\phi) = \frac{\mp}{i} \sum_i \frac{k_i}{64\pi^2} m_i^4(\phi) \left[\ln \left(\frac{m_i^2(\phi)}{Q^2} \right) - \text{const} \right]$$

+(-) is bosons (fermions)

k_i : number of degrees of freedom eg $k_t = 3 \times 2 \times 2 = 12$

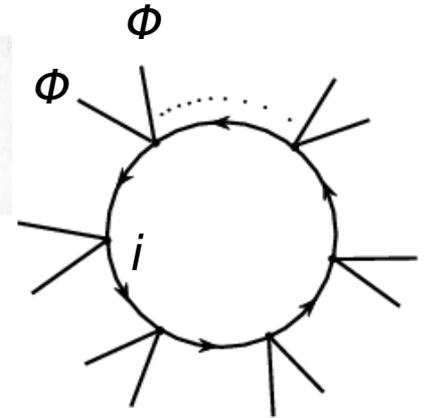
$m_i(\phi)$ are the scalar field dependent masses

Eg. $m_t = y\phi$, $m_W = (1/2)g\phi$

Q : renormalization scale ($Q \sim v$)

Total potential:

$$V_{\text{tot}}(\phi) = V_{\text{tree}}(\phi) + V^{(1)}(\phi) + \dots$$



Effective Higgs potential of the Standard model:

Relevant are the particles which couple strongly to the Higgs, ie. the heavy ones:

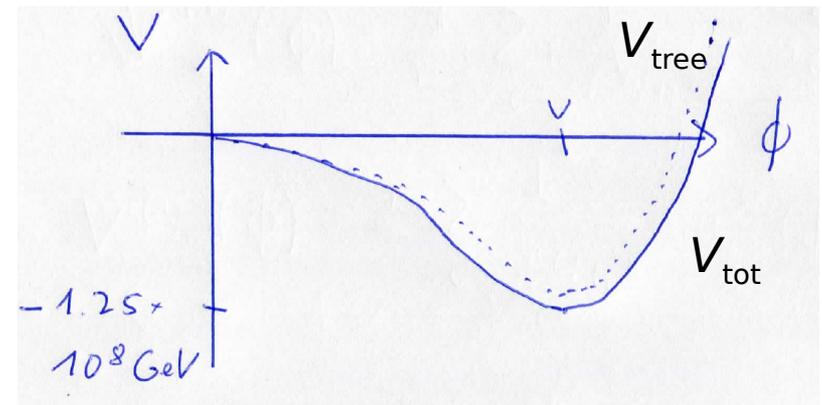
top, W-bosons, Z-boson

$$\begin{aligned}
 V_{SM}(\phi) = & m^2 |\phi|^2 + \lambda |\phi|^4 + \\
 & + \frac{2.3}{64\pi^2} m_W^4(\phi) \left[\ln \frac{m_W^2(\phi)}{Q^2} - \text{const} \right] \\
 & + \frac{1.3}{64\pi^2} m_Z^4(\phi) \left[\ln \frac{m_Z^2(\phi)}{Q^2} - \text{const} \right] \\
 & - \frac{4.2.2}{64\pi^2} m_t^4(\phi) \left[\ln \frac{m_t^2}{Q^2} - \text{const} \right] + \dots
 \end{aligned}$$

Measured: Higgs vev $v=246$ GeV
 Higgs mass $m_h=125$ GeV

Depth of the Higgs potential is unknown,
 But predicted by the SM
 Unknown further contributions:

$$V_{tree}^{(SM)} = m^2 |\phi|^2 + \lambda |\phi|^4 + \frac{1}{M^2} |\phi|^6 + \dots$$



Metastability of the SM Higgs potential:

The top quark log will **destabilize** the previous potential at a Higgs field value of a couple of TeV

This is just a computational **artefact**; the large logs mess up perturbation theory

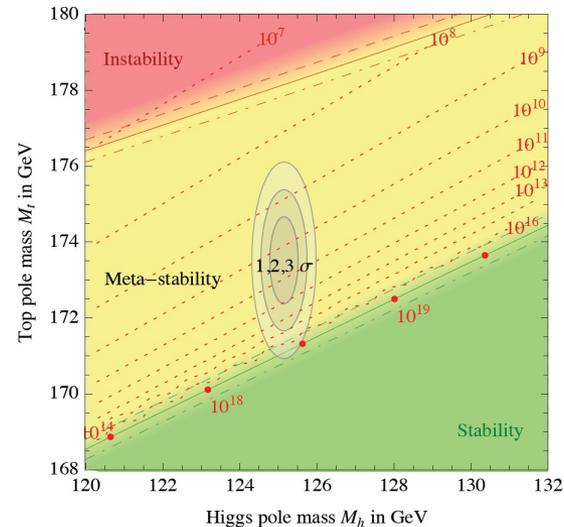
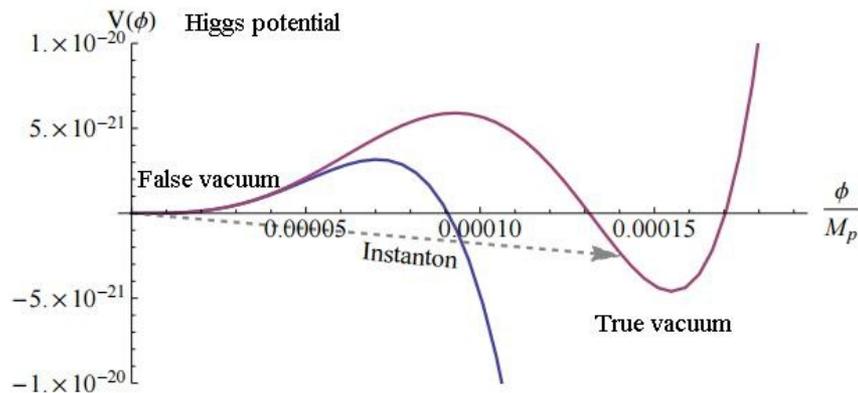
ie. these need to be **resummed**, equivalently “define” the theory at a much larger scale:

Scale dependence of couplings in a quantum field theory are governed by

Renormalization group equations:

RGE for the Higgs quartic coupling:

$$\frac{d\lambda}{d \ln \bar{\mu}^2} = \frac{1}{(4\pi)^2} \left[\lambda \left(12\lambda + 6y_t^2 + 6y_b^2 + 2y_\tau^2 - \frac{9g_2^2}{2} - \frac{9g_1^2}{10} \right) - 3y_t^4 - 3y_b^4 - y_\tau^4 + \frac{9g_2^4}{16} + \frac{27g_1^4}{400} + \frac{9g_2^2 g_1^2}{40} \right]$$

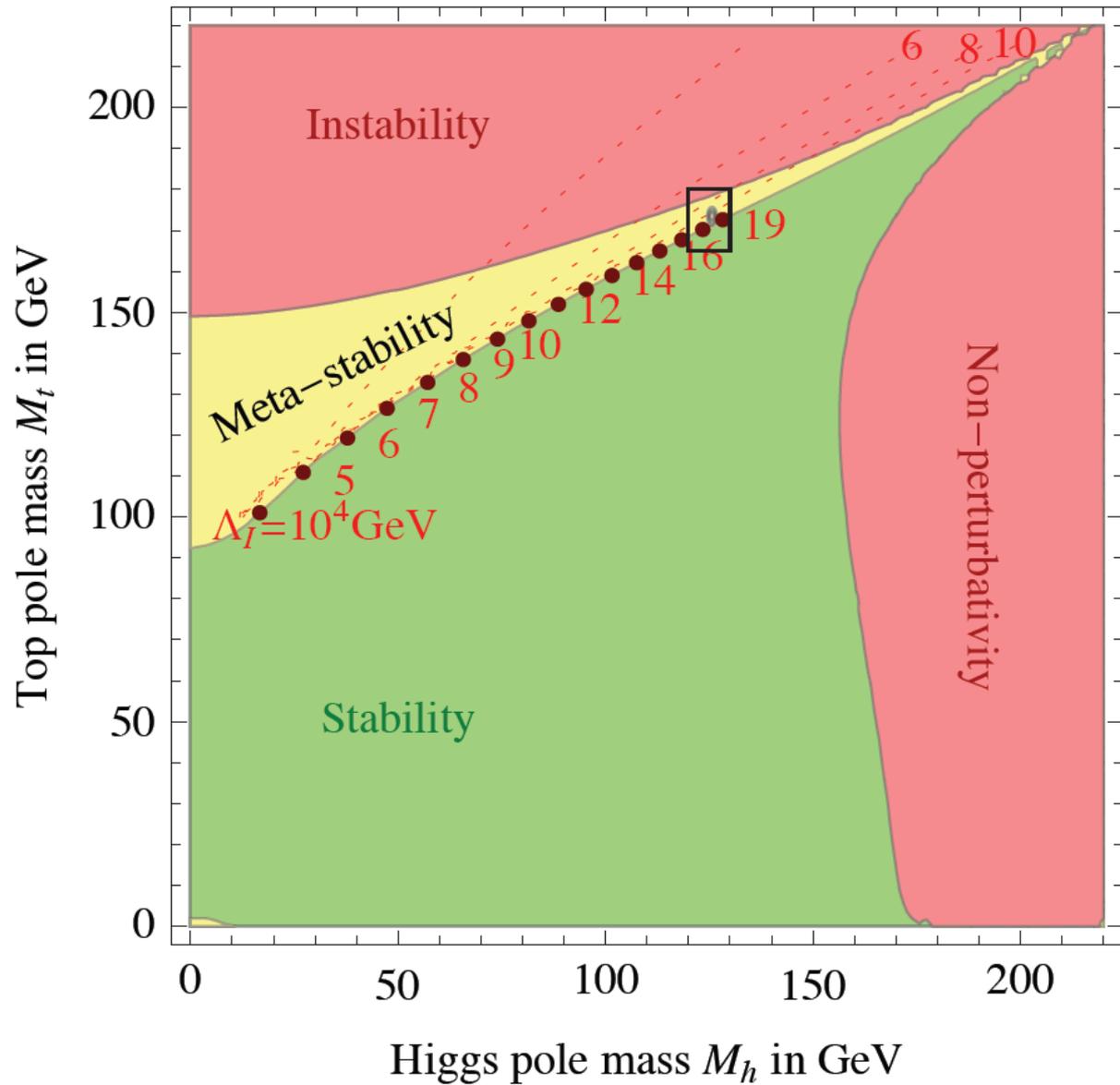


Source: <https://mappingignorance.org>

3-loop RGE equations, see arXiv: 1307.3536 (Buttazzo et al.)

$$\begin{aligned}
\frac{d\lambda}{d\ln\bar{\mu}^2} = & \frac{1}{(4\pi)^2} \left[\lambda \left(12\lambda + 6y_t^2 + 6y_b^2 + 2y_\tau^2 - \frac{9g_2^2}{2} - \frac{9g_1^2}{10} \right) - 3y_t^4 - 3y_b^4 - y_\tau^4 + \frac{9g_2^4}{16} + \frac{27g_1^4}{400} + \frac{9g_2^2g_1^2}{40} \right] + \\
& + \frac{1}{(4\pi)^4} \left[\lambda^2 \left(-156\lambda - 72y_t^2 - 72y_b^2 - 24y_\tau^2 + 54g_2^2 + \frac{54g_1^2}{5} \right) + \lambda y_t^2 \left(-\frac{3y_t^2}{2} - 21y_b^2 + 40g_3^2 + \right. \right. \\
& + \frac{45g_2^2}{4} + \frac{17g_1^2}{4} \left. \right) + \lambda y_b^2 \left(-\frac{3y_b^2}{2} + 40g_3^2 + \frac{45g_2^2}{4} + \frac{5g_1^2}{4} \right) + \lambda y_\tau^2 \left(-\frac{y_\tau^2}{2} + \frac{15g_2^2}{4} + \frac{15g_1^2}{4} \right) + \\
& \lambda \left(-\frac{73g_2^4}{16} + \frac{1887g_1^4}{400} + \frac{117g_2^2g_1^2}{40} \right) + y_t^4 \left(15y_t^2 - 3y_b^2 - 16g_3^2 - \frac{4g_1^2}{5} \right) + \\
& + y_t^2 \left(-\frac{9g_2^4}{8} - \frac{171g_1^4}{200} + \frac{63g_2^2g_1^2}{20} \right) + y_b^4 \left(-3y_t^2 + 15y_b^2 - 16g_3^2 + \frac{2g_1^2}{5} \right) + \\
& + y_b^2 \left(-\frac{9g_2^4}{8} + \frac{9g_1^4}{40} + \frac{27g_2^2g_1^2}{20} \right) + y_\tau^4 \left(5y_\tau^2 - \frac{6g_1^2}{5} \right) + y_\tau^2 \left(-\frac{3g_2^4}{8} - \frac{9g_1^4}{8} + \frac{33g_2^2g_1^2}{20} \right) + \\
& + \frac{305g_2^6}{32} - \frac{3411g_1^6}{4000} - \frac{289g_2^4g_1^2}{160} - \frac{1677g_2^2g_1^4}{800} \left. \right] + \\
& + \frac{1}{(4\pi)^6} \left[\lambda^3 (6011.35\lambda + 873y_t^2 - 387.452g_2^2 - 77.490g_1^2) + \lambda^2 y_t^2 (1768.26y_t^2 + 160.77g_3^2 + \right. \\
& - 359.539g_2^2 - 63.869g_1^2) + \lambda^2 (-790.28g_2^4 - 185.532g_1^4 - 316.64g_2^2g_1^2) + \lambda y_t^4 (-223.382y_t^2 + \\
& - 662.866g_3^2 - 5.470g_2^2 - 21.015g_1^2) + \lambda y_t^2 (356.968g_3^4 - 319.664g_2^4 - 74.8599g_1^4 + 15.1443g_3^2g_2^2 + \\
& + 17.454g_3^2g_1^2 + 5.615g_2^2g_1^2) + \lambda g_2^4 (-57.144g_3^2 + 865.483g_2^2 + 79.638g_1^2) + \lambda g_1^4 (-8.381g_3^2 + \\
& + 61.753g_2^2 + 28.168g_1^2) + y_t^6 (-243.149y_t^2 + 250.494g_3^2 + 74.138g_2^2 + 33.930g_1^2) + \\
& + y_t^4 (-50.201g_3^4 + 15.884g_2^4 + 15.948g_1^4 + 13.349g_3^2g_2^2 + 17.570g_3^2g_1^2 - 70.356g_2^2g_1^2) + \\
& + y_t^2 g_3^2 (16.464g_2^4 + 1.016g_1^4 + 11.386g_2^2g_1^2) + y_t^2 g_2^4 (62.500g_2^2 + 13.041g_1^2) + \\
& + y_t^2 g_1^4 (10.627g_2^2 + 11.117g_1^2) + g_3^2 (7.536g_2^6 + 0.663g_1^6 + 1.507g_2^4g_1^2 + 1.105g_2^2g_1^4) + \\
& \left. - 114.091g_2^8 - 1.508g_1^8 - 37.889g_2^6g_1^2 + 6.500g_2^4g_1^4 - 1.543g_2^2g_1^6 \right]. \tag{99}
\end{aligned}$$

Full parameter space:



Finite temperature:

So far we were looking at a system in vacuum

But the early universe is hot, ie. is filled with a plasma at finite temperature

There is a full treatment in quantum field theory of systems in or out of equilibrium:
Close-time-path or Schwinger-Keldysh formalism

Often it is sufficient to consider systems in a semi-classical approximation, where we can encode the information on the system in terms of

scalar fields ϕ_i

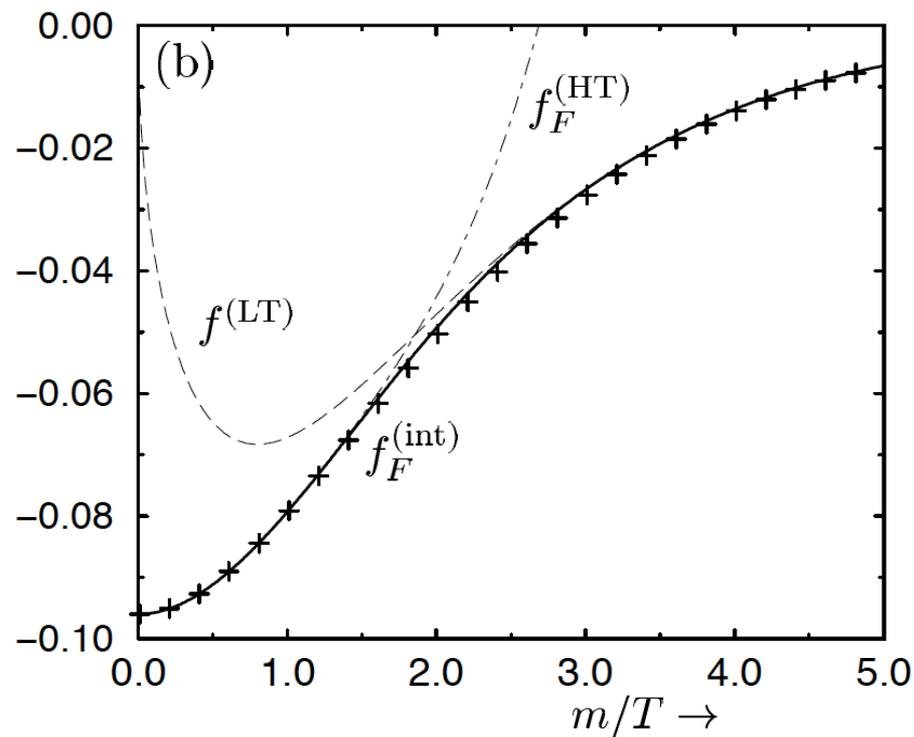
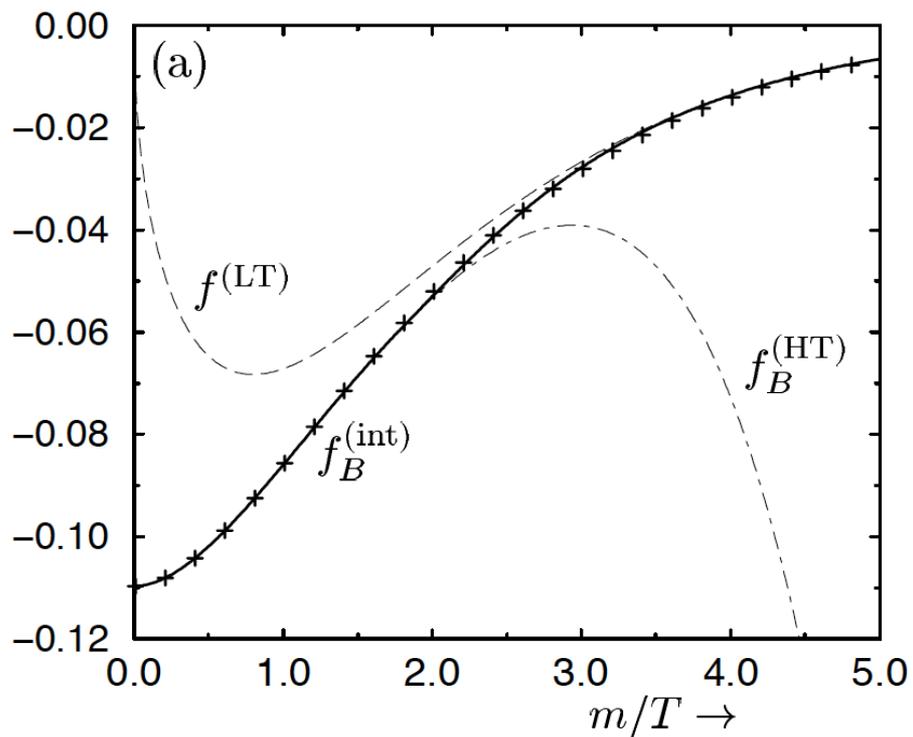
and particle distribution functions $f_i(p, x)$ (encodes the plasma or fluid)

The resulting scalar potential at temperature T is

$$V_{\text{tot}}(\phi, T) = V_{\text{tree}}(\phi) + V^{(1)}(\phi) + \lambda V_T(\phi, T)$$

with

$$\Delta V_T = \sum_{\text{bosons}} \frac{k_i T^4}{2\pi^2} \int_0^{\infty} dx x^2 \ln \left[1 - \exp \left(-x^2 + \frac{m_i^2(\phi)}{T^2} \right) \right]$$
$$- \sum_{\text{fermions}} \frac{k_i T^4}{2\pi^2} \int_0^{\infty} dx x^2 \ln \left[1 + \exp \left(-x^2 + \frac{m_i^2(\phi)}{T^2} \right) \right]$$



This makes sense:

$$\frac{d}{d\phi} \Delta V_T = \frac{T}{2\pi^2} \frac{d}{d\phi} \int_0^{\infty} dp p^2 \ln[1 - e^{-E/T}]$$

$$\text{with } p = T \cdot x, \quad E = \sqrt{p^2 + m^2(\phi)}$$

$$= \int_0^{\infty} \frac{dp}{2\pi^2} p^2 \frac{dE/d\phi}{1 - e^{-E/T}}$$

$$= \int \frac{d^3p}{(2\pi)^3} f_{\text{bose}} \frac{dE}{d\phi} \quad \checkmark$$

$$\text{with } f_{\text{bose}} = \frac{1}{1 - e^{-E/T}}$$

So the change in the thermal contribution is given by a sum over the change in the Individual particle energies in the plasma

The total potential is the free energy per unit volume, ie. the pressure of the system
at **high temperature (small mass)** we can expand these functions as

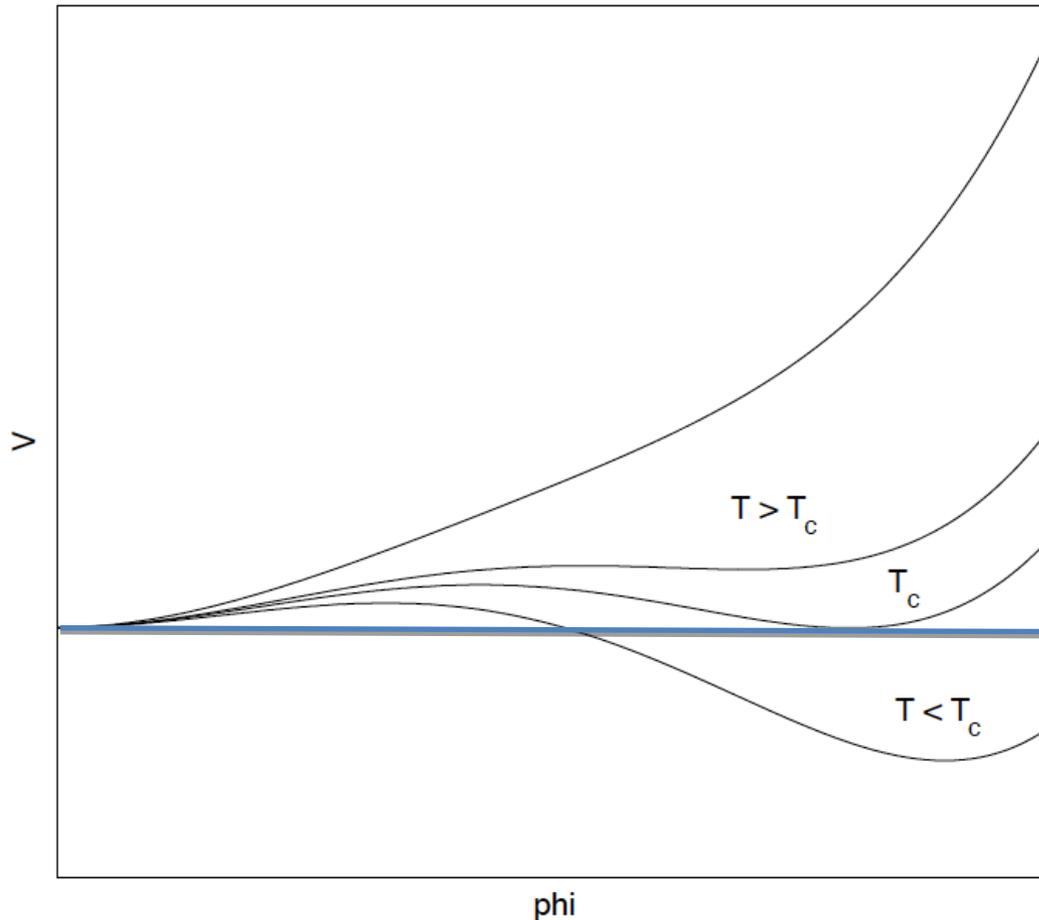
$$\Delta V_T \approx \sum_{\text{bosons}} k_i \left(-\frac{\pi^2}{90} T^4 + \frac{1}{24} m_i^2(\phi) T^2 - \frac{1}{12\pi} T (m_i^2(\phi))^{3/2} + \dots \right) \\ + \sum_{\text{fermions}} k_i \left(-\frac{7\pi^2}{720} T^4 + \frac{1}{48} m_i^2(\phi) + \dots \right)$$

T^4 part is simply minus the pressure of a gas of massless bosons/fermions

T^2 part contributes to the **thermal mass** of the scalar and leads
to restoration of broken symmetries at high temperature

First order phase transitions:

The T part ($-m^3$ part, “cubic term”, bosons only!) induces a bump in the scalar potential, which allows two minima (“phases”) to be degenerate at a certain critical temperature T_c



The universe started with zero Higgs field!

A first order phase transition proceeds by nucleation and grows of bubbles of the new phase

Electroweak baryogenesis

Original motivation: baryon asymmetry

$$\eta_B = \frac{n_B}{n_\gamma} = (6.047 \pm 0.074) \times 10^{-10}$$

[Planck 2013]

Good agreement between **CMB** and **primordial nucleosynthesis**

→ we understand the universe up to $\text{Temp} \sim \text{MeV}$

Can we repeat this success for the baryon asymmetry?

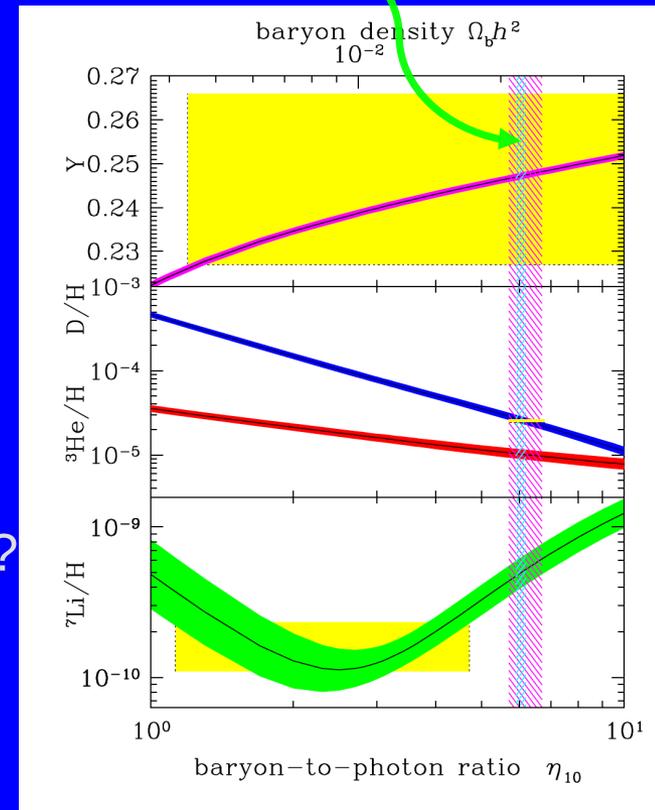
Problem: only 1 observable

→ How to be convinced by a specific mechanism?

Theory?, **Experiment?** (inspiration??) ...



Temp < **TeV scale?** → **EWBG**



[Particle Data Group]

Sakharov criteria

$$\eta_B = \frac{n_B}{n_\gamma} = (6.047 \pm 0.074) \times 10^{-10}$$

~~Baryon number~~

~~C~~

~~CP~~

~~Equilibrium~~

SM



Sphalerons

+

Gauge interactions

+

Yukawa interactions

?

Electroweak phase

?

transition

Kuzmin, Rubakov, Shaposhnikov '85

Sakharov '67



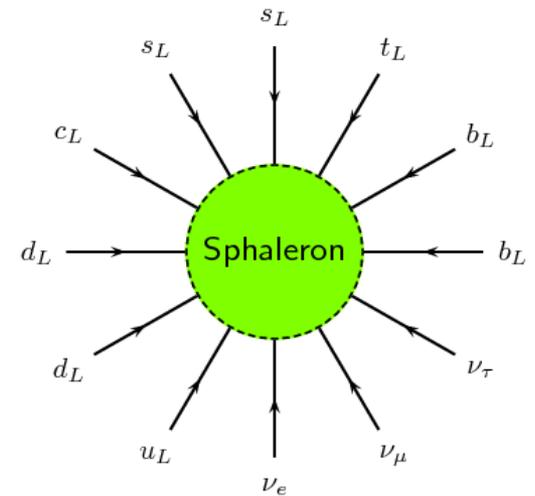
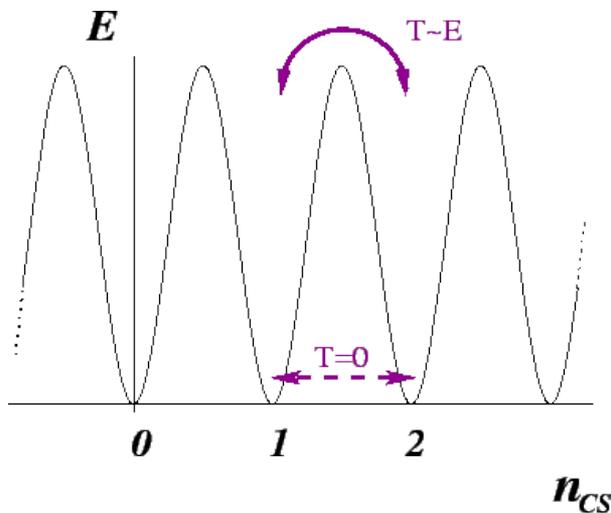
Baryon number violation in the Standard model:

Has never been observed (accidental anomalous global symmetry of the SM)

Cannot happen in perturbation theory

But the electroweak theory has a non-trivial vacuum structure

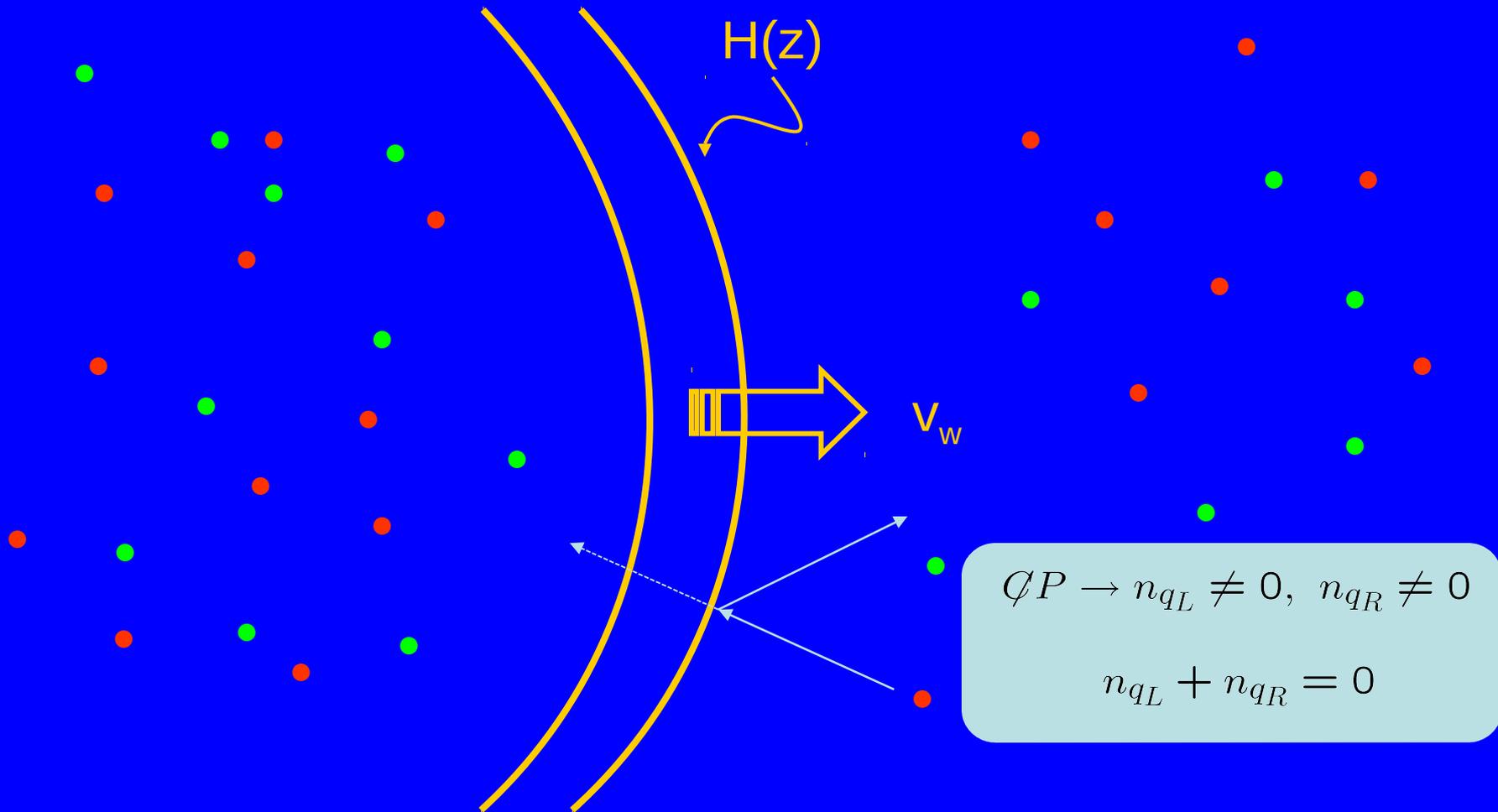
Higgs-gauge field configurations exist with different winding number



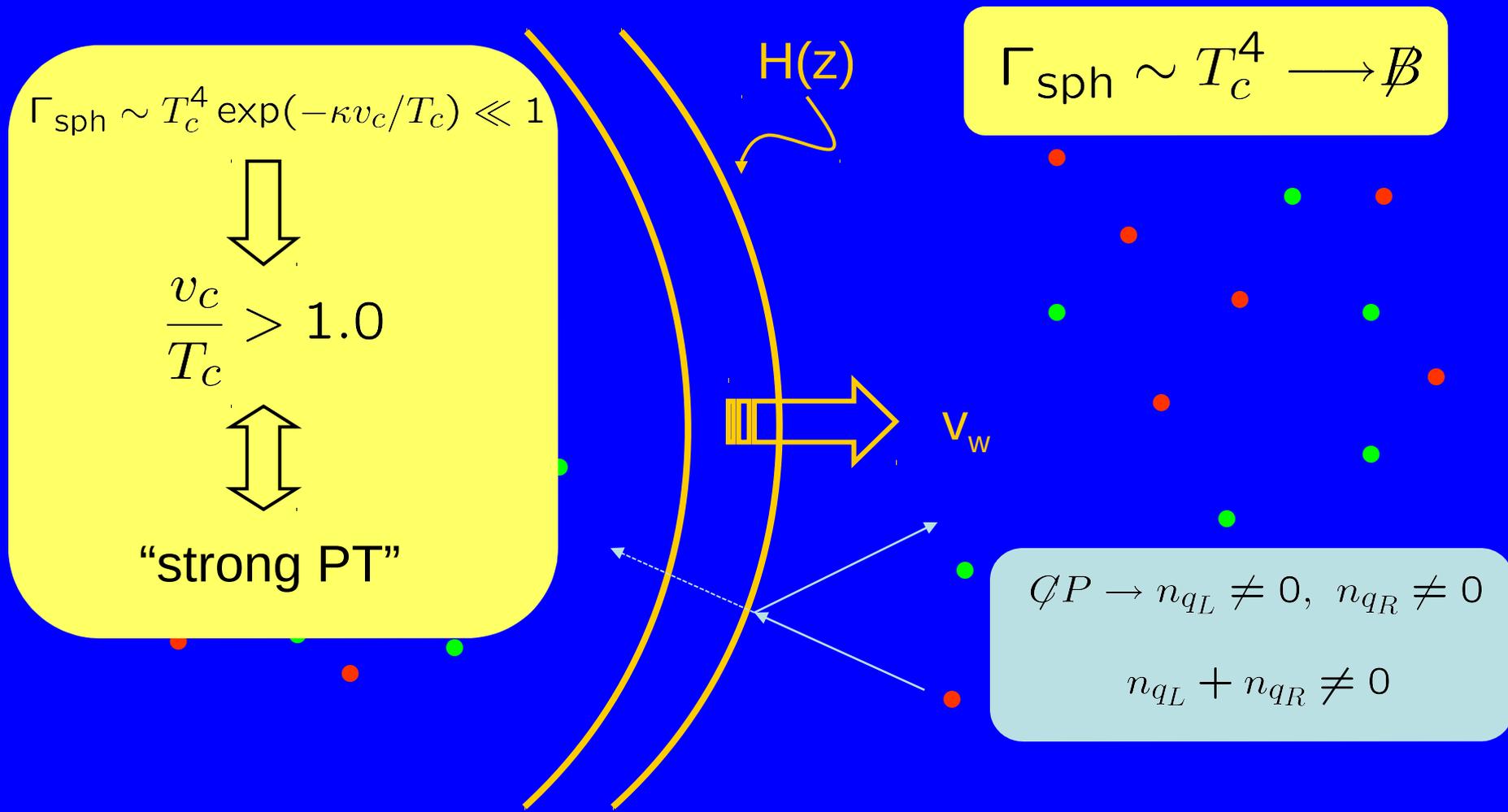
Going from one to another of these vacua changes baryon and lepton number (conserves B-L)

Highly suppressed at $T=0$, but rapid at $T \sim 100$ GeV

The mechanism



The mechanism



The strength of the PT

Thermal potential:

$$V(H, T) = m^2(T)H^2 - E(T)H^3 + \lambda(T)H^4$$

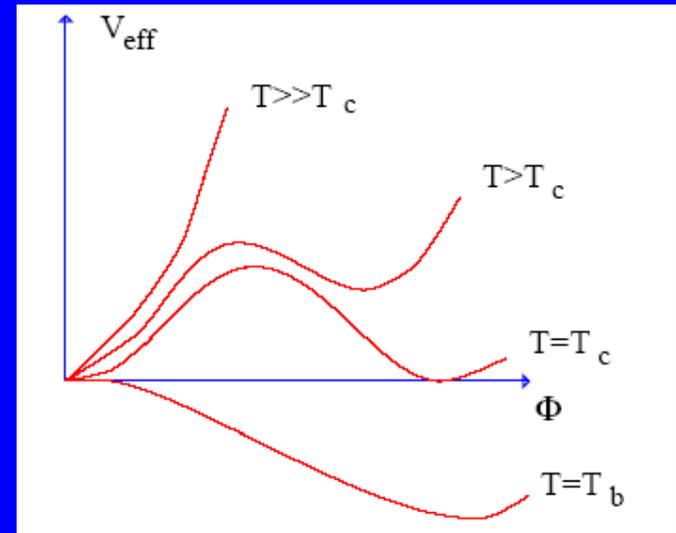
- Bosons in the plasma:

SM: gauge bosons

strong PT: $m_h < 40$ GeV (no top)

never (with realistic top mass)

Lattice: crossover for $m_h > 80$ GeV → **the SM fails: NEW PHYSICS!**



Kajantie, Laine, Rummukainen, Shaposhnikov 1996

Csikor, Fodor, Heitger 1998

The strength of the PT

Thermal potential:

$$V(H, T) = m^2(T)H^2 - E(T)H^3 + \lambda(T)H^4$$

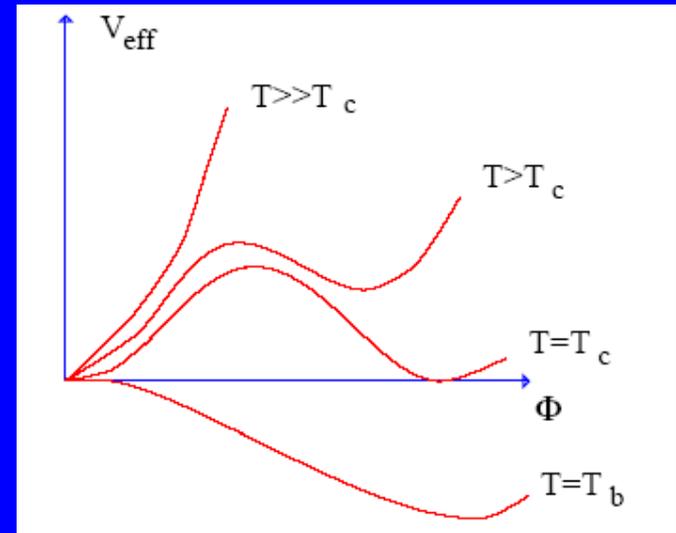
- Bosons in the plasma:

SM: gauge bosons

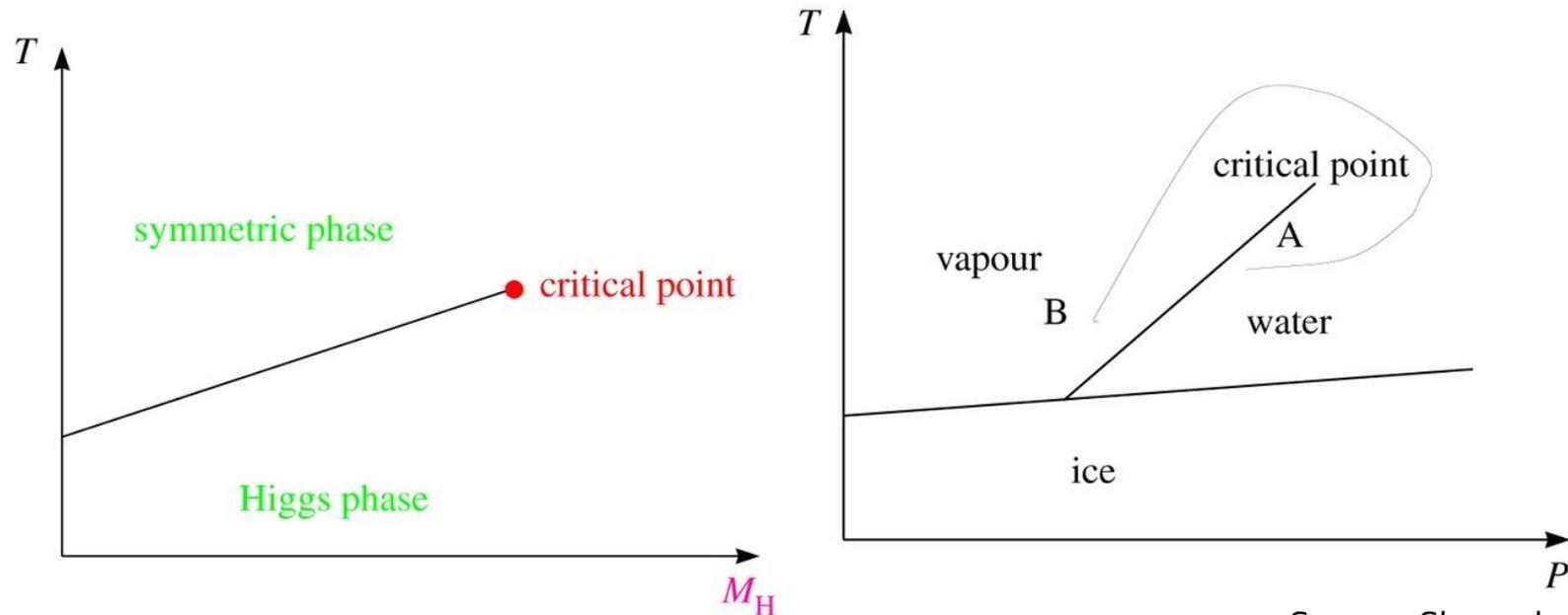
SUSY: light stops [Laine, Nardini, Rummumainen '12]

2HDM: heavy Higgses [Dorsch, SJH, No '13]

- tree-level: extra singlets: λSH^2 , NMSSM, etc. [Kozaczuk et al.'14]
- replace H^4 by H^6 or introduce $H^2 \log(H^2)$, etc. [Dorsch, SJH, No '14]



Phase diagram of the electroweak theory



Source: Shaposhnikov 2014

For the observed Higgs mass of 125 GeV, the electroweak transition is a smooth **crossover** (needs lattice methods to study)

How to compute the baryon
asymmetry?

Transport equations

We want to write down a set of **Boltzmann equations**

The interaction with the **bubble wall** induces a **force** on the particles, which is different for particles and antiparticles if CP is broken

$$(\partial_t + \dot{z}\partial_z + \dot{p}_z\partial_{p_z})f = \mathcal{C}[f]$$

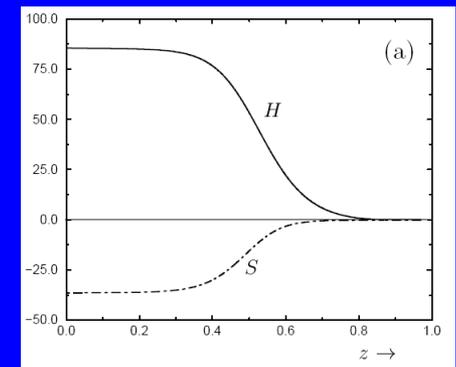
z is the coordinate along the wall profile

$H(z) \sim \tanh(z/L_w)$ with **wall width** L_w

Compute the force term from **dispersion relations**

$$\dot{p}_z = -\partial_z E(z, p_z)$$

collision terms



WKB approximation

Elektroweak bubbles have typically **thick walls**, i.e. $L_w T_c \gg 1$
 $(L_w)^{-1} \ll p$ for a typical particle in the plasma

Compute the dispersion relation via an **expansion in $1/(L_w T_c)$**

Consider a free fermion with a complex mass

$$M(z) = m(z)e^{i\theta(z)}$$

$$(i\partial - P_L M(z) - P_R M^*(z))\psi = 0$$

$$\psi \sim \exp(-iEt - i \int^z p_z(z') dz')$$

$$\begin{aligned} E_{\pm} &= E_0 \pm \Delta E_0 \\ &= \sqrt{p^2 + m^2} \pm \theta' \frac{m^2}{2(p^2 + m^2)} \end{aligned}$$

Joyce, Prokopec, Turok '95

Cline, Joyce, Kainulainen '00

more rigorous, using the Schwinger-Keldysh formalism:

Kainulainen, Prokopec, Schmidt, Weinstock '01-'04

Konstandin, Prokopec, Schmidt, Seco '05

alternative:

Carena, Moreno, Quiros, Seco, Wagner '00

only a varying θ contributes!

no effect for scalars in LO!

Diffusion equations

Fluid ansatz for the phase space densities: $f_i = \frac{1}{e^{(E_i - v_i p_z - \mu_i)/T} \pm 1}$

to arrive at diffusion equations for the μ 's

$$-(D_i \mu_i'' + v_w \mu_i') + \Gamma_{ij} \mu_j = S_i$$

diffusion constant

wall velocity

interaction rates

CP violating
source terms

relevant particles: top, Higgs, super partners, ...

Step 1: compute $n_{B_L} (= -n_{B_R})$

interactions: top Yukawa interaction
strong sphalerons
top helicity flips (broken phase)
super gauge interactions (equ.)

Step 2: switch on the weak sphalerons

$$\eta_B \sim \Gamma_{ws} \int_{-\infty}^{\infty} dz n_{B_L}(z)$$

Example: Two Higgs doublet model

(with Dorsch, Mimasu, No)

The 2HDM

$$V(H_1, H_2) = \mu_1^2 |H_1|^2 + \mu_2^2 |H_2|^2 + \mu_3^2 e^{i\phi} H_1^\dagger H_2 + \lambda_1 |H_1|^4 + \dots$$

- 4 extra physical Higgs degrees of freedom: 2 neutral, 2 charged
- **CP violation**, phase Φ (μ_3 breaks Z_2 symmetry softly)
- there is a **phase induced between the 2 Higgs vevs**

$$v_1 = \langle H_1 \rangle, \quad v_2 e^{i\theta} = \langle H_2 \rangle$$

simplified parameter choice:

1 light Higgs $m_h \rightarrow$ SM-like

3 degenerate heavy Higgses $m_H \rightarrow$ keeps EW corrections small

early work:

Turok, Zdrozny '91

Davies, Froggatt, Jenkins,

Moorhouse '94

Cline, Kainulainen, Vischer '95

Cline, Lemieux '96

The phase transition

Evaluate 1-loop thermal potential:

loops of **heavy Higgses** generate a cubic term

→ **strong PT** for

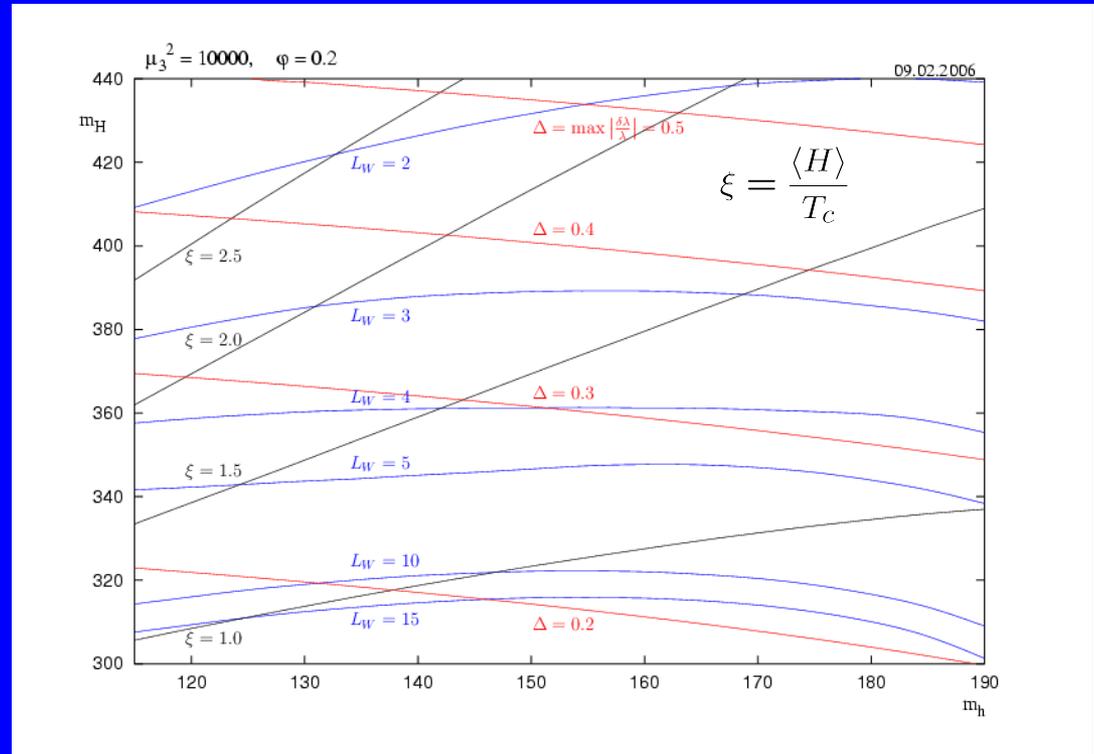
$m_h > 300$ GeV

m_h up to 200 GeV

→ PT \sim independent of Φ

→ thin walls only for very strong PT (agrees with Cline, Lemieux '96)

missing: 2-loop analysis of the thermal potential; lattice; wall velocity



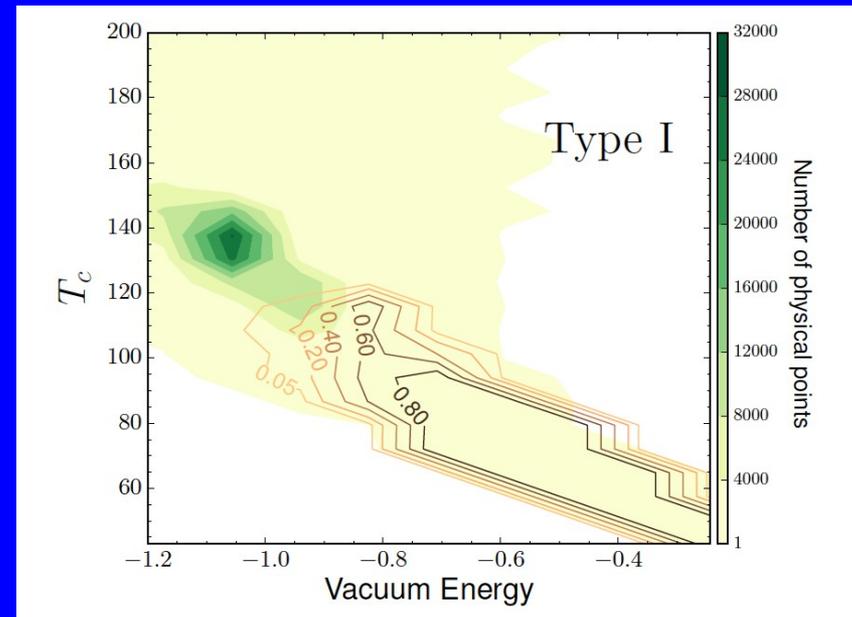
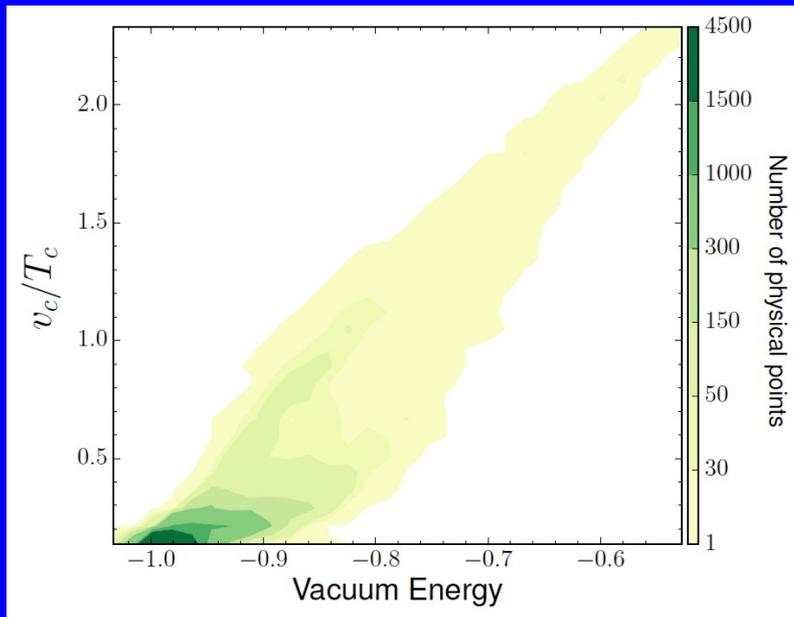
[Fromme, S.H., Senuich '06]

Impact of the vacuum energy:

[Dorsch, S.H., Mimasu, No 2017]

One loop zero temperature corrections to the Higgs potential

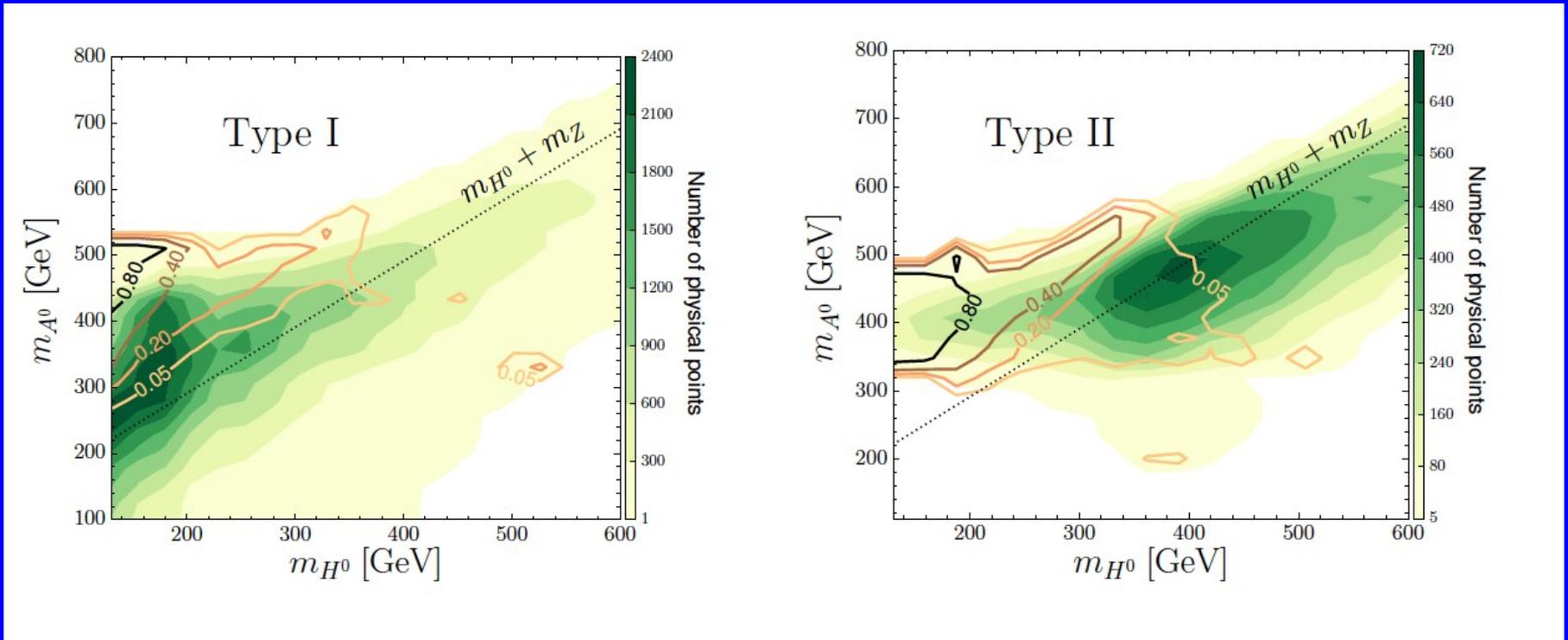
$$V_1 = \sum_{\alpha} n_{\alpha} \frac{m_{\alpha}^4(h_1, h_2)}{64\pi^2} \left(\log \frac{|m_{\alpha}^2(h_1, h_2)|}{Q^2} - C_{\alpha} \right)$$



Big change in Higgs masses between symmetric and broken phase:

EW minimum is uplifted, PT at lower T, Higgs field moves less, stronger PT

Summary: strong PT prefers a **hierarchical Higgs spectrum**



Search for $A_0 \rightarrow H_0 Z \rightarrow ll bb$
at the LHC

The dynamics of the phase transition

Dynamics of the transition

At the critical temperature T_c the two minima are degenerate

Bubble nucleation starts at $T < T_c$ with a **rate**

$$\Gamma = A T^4 e^{-S_3/T},$$

Where the **bubble energy** is

$$S_3 = 4\pi \int dr r^2 \left[\frac{1}{2} \left(\frac{d\phi}{dr} \right)^2 + V(\phi, T) \right]$$

The **bubble configuration** follows from
(static, radially symmetric solution)

$$\frac{d^2\phi}{dr^2} + \frac{2}{r} \frac{d\phi}{dr} = -\frac{\partial V}{\partial \phi}$$

This bounce solution is a **saddle point**, not a minimum

→ difficult to compute for multi field models (one field: shooting)

Compute the bubble configuration as function of T

→ $S_3(T)$

Define nucleation temperature T_n when the probability for nucleating one bubble per horizon volume becomes 1

This happens for $S_3(T)/T \sim 130-150$ (close to T_c the bubbles would have to be very large with huge energy)

The bubbles expand and fill space to a fraction $1-\exp(-f)$:

$$f(T_x) \simeq \frac{4\pi H^3}{3} \int_{T_x}^{\infty} R^3(T_x, T) dP.$$

$$dP = A \frac{T^4}{H^4} e^{-S_3/T} \frac{dT}{T}.$$

$$R(T_x, T) = v_b \frac{T_x}{H(T_x)} \left(\frac{1}{T_x} - \frac{1}{T} \right)$$

Define the end of the phase transition T_f (i.e. when the bubbles collide) to occur when $f=1$

Bubble radius:

Define $\langle R \rangle$ from the bubble volume distribution at T_f (Dolgov et al. '02)
alternative:

$$\frac{\beta}{H_*} = -T_* \frac{d}{dT} \left(\frac{S_3}{T} \right) \Big|_{T_*}$$

$$\langle R \rangle \approx 3 \frac{v_b}{\beta}.$$

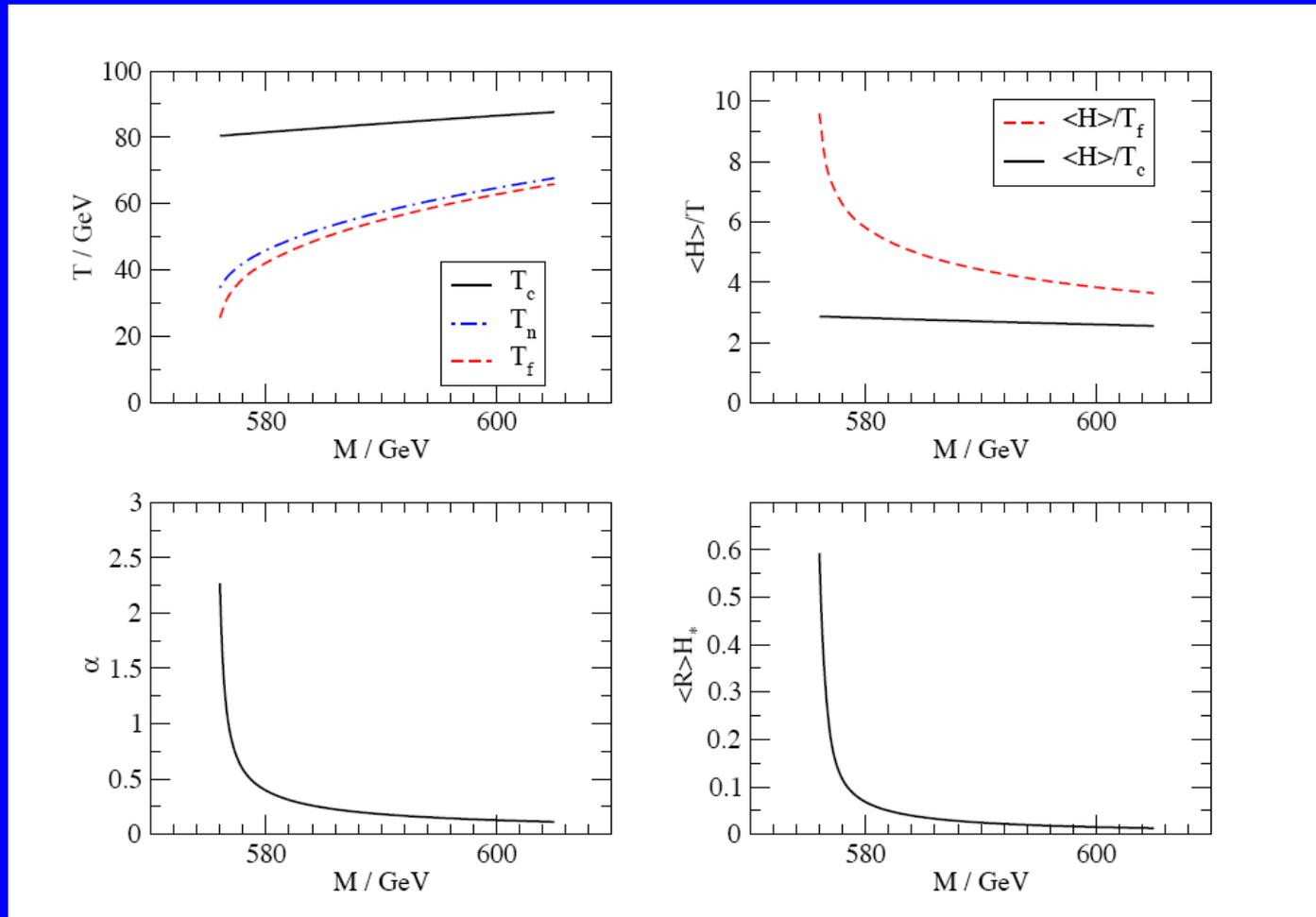
Electroweak bubbles grow a lot and become of “macroscopic” size when they collide (horizon size at 100 GeV is about 10 cm)

Latent heat:

$$\epsilon_* = -\Delta V + T_* \frac{\partial V}{\partial T} \Big|_{T_*}$$

$$\alpha = \frac{30\epsilon_*}{\pi^2 g_* T_*^4}.$$

Key parameters of the phase transition: Φ^6 model, $m_h=120$ GeV



S. H. &
Konstandin '07

Compute as function of temperature: bubble configurations $\rightarrow E$

nucleation rate $\Gamma \sim \exp(-E)$

The wall velocity:

Friction with the plasma balances the pressure

Distinguish: supersonic vs. subsonic ($v_s^2=1/3$)

Standard model: $v_w \sim 0.35 - 0.45$ for low Higgs masses [Moore, Prokopec '95]

MSSM: $v_w \sim 0.05$ [John, Schmidt '00]

All other models: no detailed computations

**Recently: walls can run away, i.e. approach $v_w=1$ [Bodeker, Moore '09]

How to compute the wall velocity?

Main ingredients: pressure difference vs. plasma friction

Also important: reheating due to release of latent heat

Microscopic description: Moore, Prokopec '95

$$\square\phi + V_T'(\phi) + \sum \frac{dm^2}{d\phi} \int \frac{d^3p}{(2\pi)^3 2E} \delta f(p, x) = 0$$

$$\frac{df}{dt} = \partial_t f + \dot{\vec{x}} \cdot \partial_{\vec{x}} f + \dot{\vec{p}} \cdot \partial_{\vec{p}} f = -C[f]$$

$$\begin{aligned} av_w \frac{\mu'}{T} + v_w \frac{\delta T'}{T} + \frac{1}{3} v' + F_1 &= -\Gamma_{\mu 1} \frac{\mu}{T} - \Gamma_{T1} \frac{\delta T}{T} \\ bv_w \frac{\mu'}{T} + v_w \frac{\delta T'}{T} + \frac{1}{3} v' + F_2 &= -\Gamma_{\mu 2} \frac{\mu}{T} - \Gamma_{T2} \frac{\delta T}{T} \\ b \frac{\mu'}{T} + \frac{\delta T'}{T} + v_w v' + 0 &= -\Gamma_v v \end{aligned}$$

$$\dot{\vec{p}}_z = -\frac{\partial E}{\partial z} \vec{u}_z = -\frac{1}{2E} \frac{d(m^2)}{dz} \vec{u}_z$$

$$f = \frac{1}{1 + \exp \frac{E - E\delta T/T - p_z v - \mu}{T}}$$

(fluid ansatz)

→ Complicated set of coupled field equations
and Boltzmann equations
need many scattering rates

SM: $v \sim 0.35 - 0.45$

$$F_1 = -\frac{v_w \ln 2 (m^2)'}{9\zeta_3 T^2}, \quad F_2 = -\frac{v_w \zeta_2 (m^2)'}{42\zeta_4 T^2}$$

(force terms)

Simplified approach: (Ignatius, Kajantie, Kurki-Suonio, Laine '94)

1) describe friction by a friction coefficient η

2) model the fluid by a fluid velocity and temperature

$$\frac{d^2\phi(x)}{dx^2} = \frac{\partial V(\phi, T)}{\partial \phi} + \eta \frac{\phi^2}{T_{s1}} v \gamma \frac{d\phi(x)}{dx}$$

$$(4aT^4 - T \frac{\partial V(\phi, T)}{\partial T}) \gamma^2 v = C_1$$

$$(4aT^4 - T \frac{\partial V(\phi, T)}{\partial T}) \gamma^2 v^2 + P_r - V(\phi, T) + \frac{1}{2} \left(\frac{d\phi}{dx} \right)^2 = C_2$$

← 1 + 1 dimensions

3) Determine η from fitting the to the full result by Moore and Prokopec

[with Miguel Sopena, see also Megevand, Sanchez '09]

→ the formalism should describe situations with SM friction well

→ study models with SM friction, but different potential, e.g. ϕ^6 model

→ same for the MSSM

→ such a model can be used for numerical simulations of the phase transition

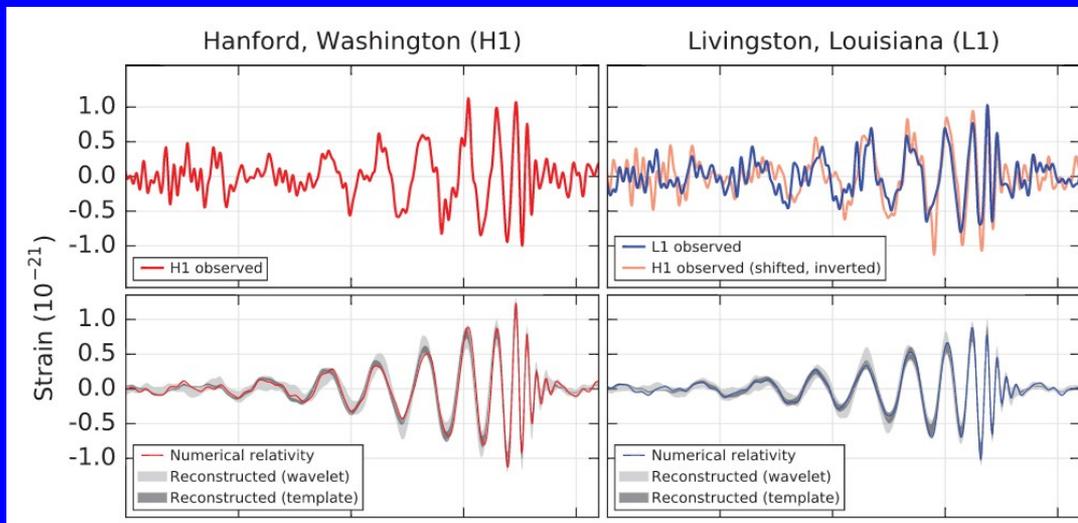
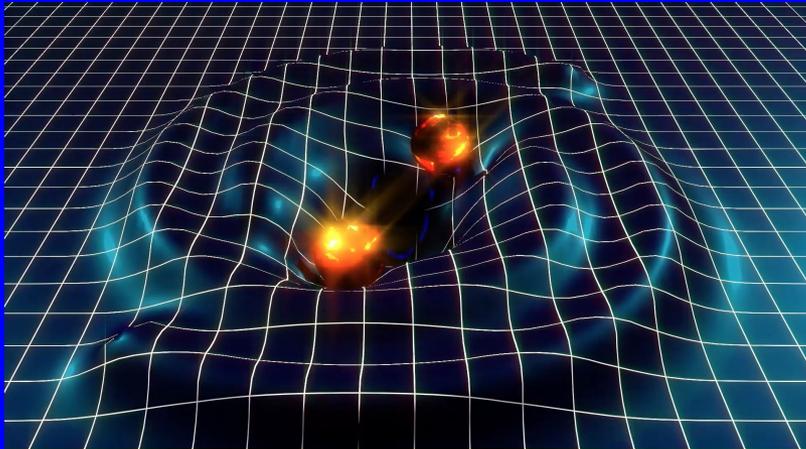
[work in progress with Hindmarsh, Rummukainen, Weir]

Numerical Simulations

of a first-order phase transition
and gravitational waves

(with Hindmarsh, Rummukainen, Weir)

Gravitational wave discovery at LIGO



Merger of two two black holes, having about 30 solar masses

Frequency is in the kHz range

Gravitational waves from phase transitions

[see eLISA Cosmo working group report '15]

sources of GW's: direct bubble collisions

turbulence

(magnetic fields)

sound waves

key parameters: available energy

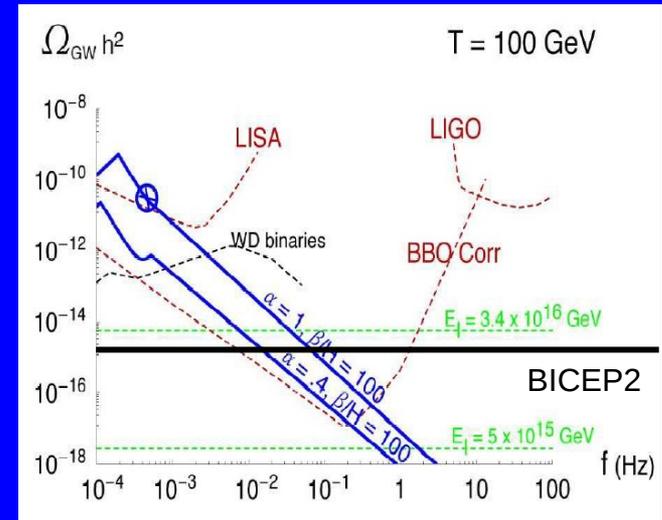
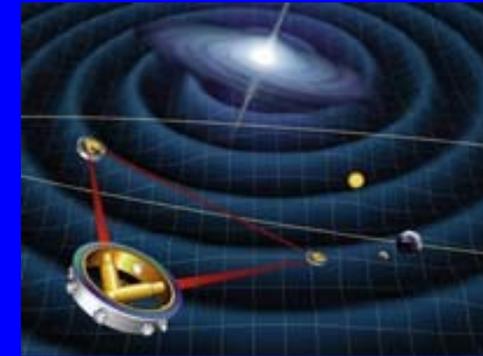
$$\alpha = \frac{\text{latent heat}}{\text{radiation energy}}$$

typical bubble radius

$$\langle R \rangle \propto v_b \tau \approx \frac{v_b}{\beta}$$

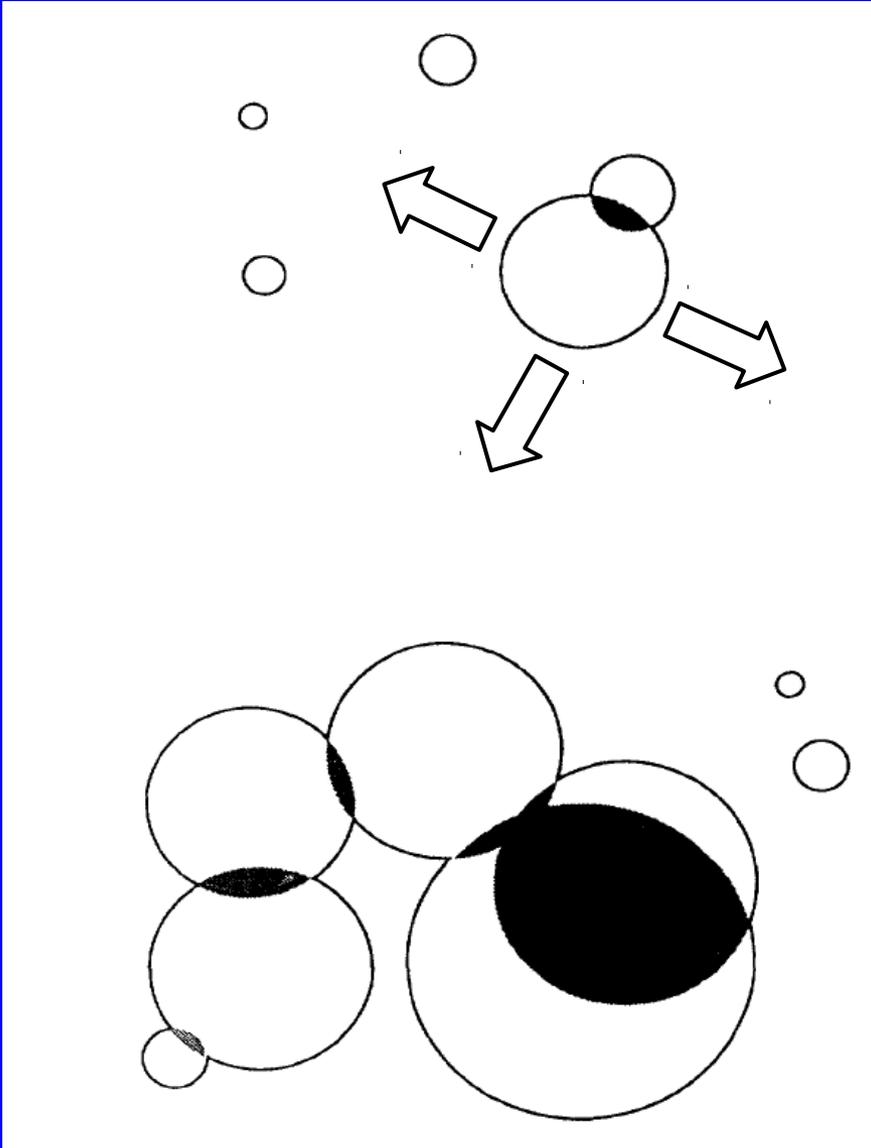
v_b wall velocity

eLISA: 2034?



[Grojean, Servant '06]

The envelope approximation: Kosowsky, Turner 1993



Energy momentum tensor of expanding bubbles modelled by expanding infinitely thin shells,
cutting out the overlap

very non-linear!

Tested by colliding two pure scalar bubbles

Recent scalar field theory simulation:

Child, Giblin 2012

What happens if the fluid is relevant?

Turbulence??

We performed the first 3d simulation of a scalar + relativistic fluid system:

$$V(\phi, T) = \frac{1}{2}\gamma(T^2 - T_0^2)\phi^2 - \frac{1}{3}\alpha T\phi^3 + \frac{1}{4}\lambda\phi^4.$$

(Thermal scalar potential)

$$-\ddot{\phi} + \nabla^2\phi - \frac{\partial V}{\partial\phi} = \eta W(\dot{\phi} + V^i\partial_i\phi)$$

phenom. friction parameter

(Scalar eqn. of motion)

$$\begin{aligned} \dot{E} + \partial_i(EV^i) + P[\dot{W} + \partial_i(WV^i)] - \frac{\partial V}{\partial\phi}W(\dot{\phi} + V^i\partial_i\phi) \\ = \eta W^2(\dot{\phi} + V^i\partial_i\phi)^2. \quad (7) \end{aligned}$$

(eqn. for the energy density)

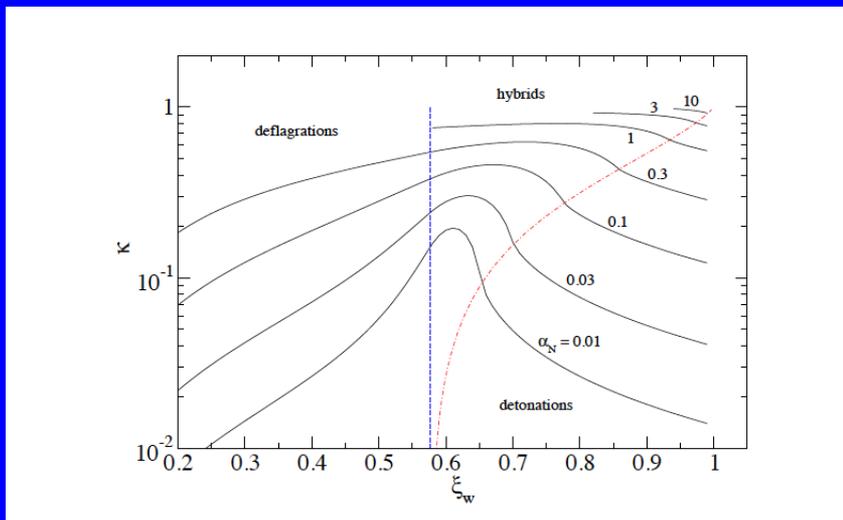
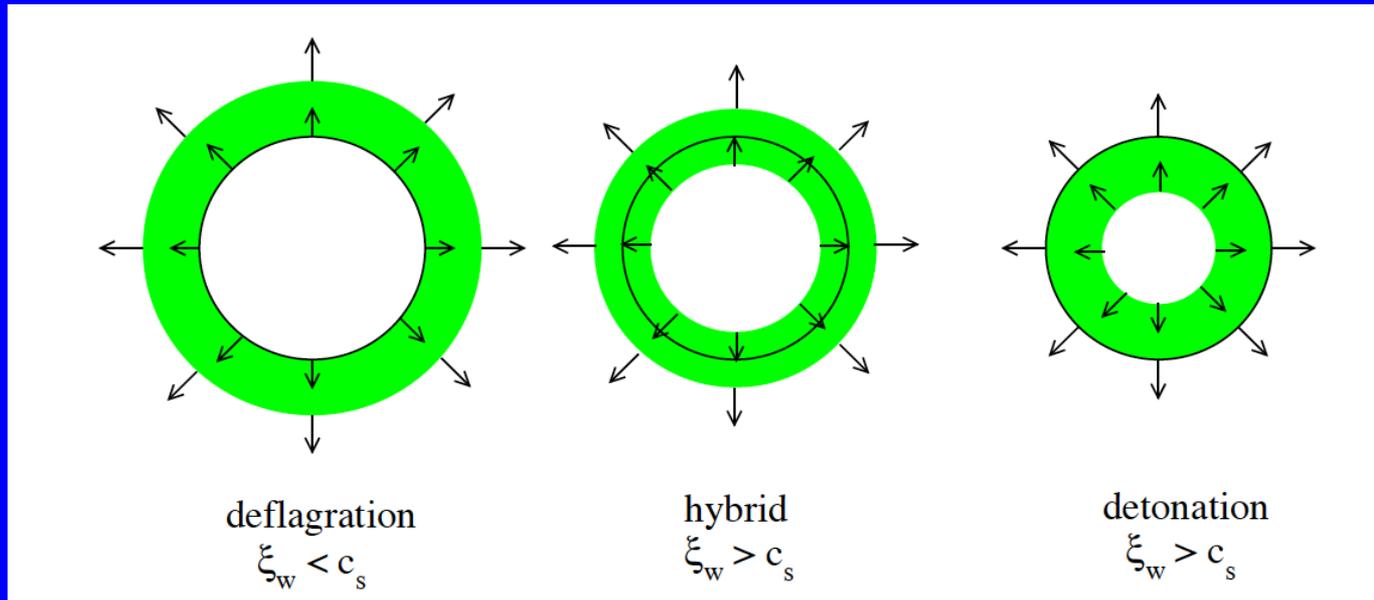
$$\dot{Z}_i + \partial_j(Z_iV^j) + \partial_iP + \frac{\partial V}{\partial\phi}\partial_i\phi = -\eta W(\dot{\phi} + V^j\partial_j\phi)\partial_i\phi.$$

(eqn. for the momentum density)

$$\ddot{u}_{ij} - \nabla^2u_{ij} = 16\pi G(\tau_{ij}^\phi + \tau_{ij}^f),$$

(eqn. for the metric perturbations)

Types of single bubble solutions:



Espinosa, Konstandin, No,
Servant'10

Efficiency κ for turning latent
heat into fluid motion

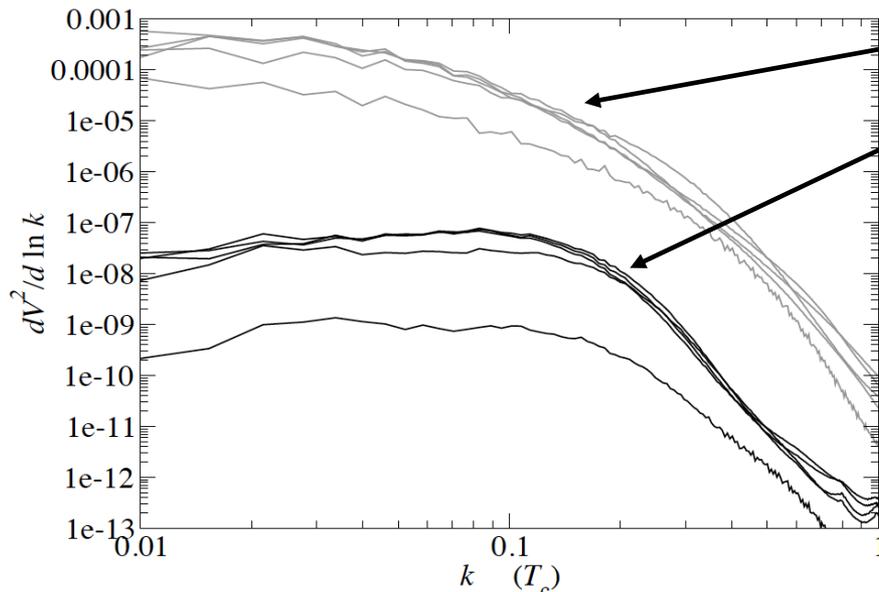
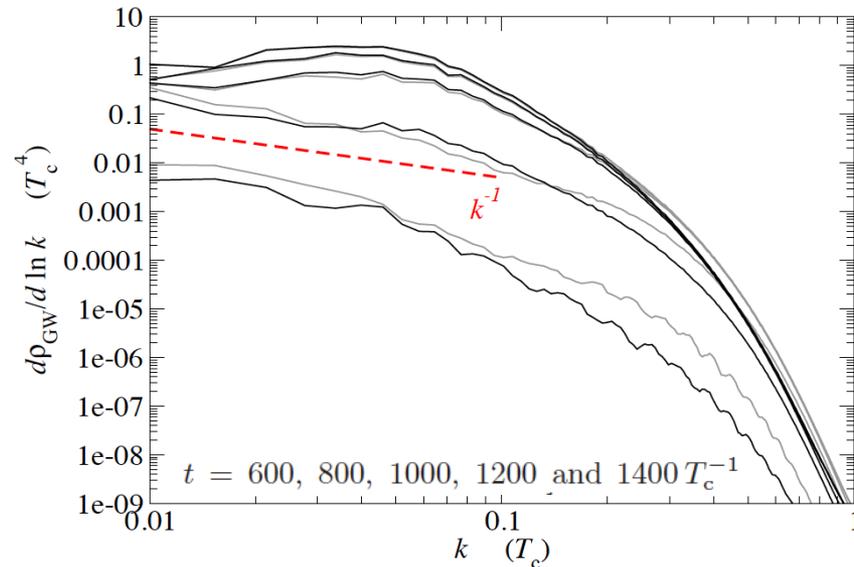
1024^3

Lattice

Fluid
energy



GW Spectrum



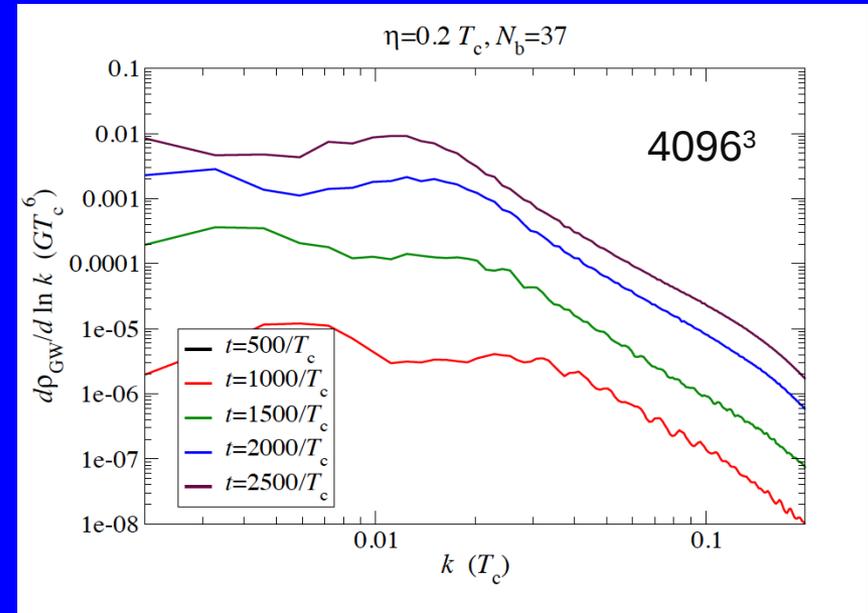
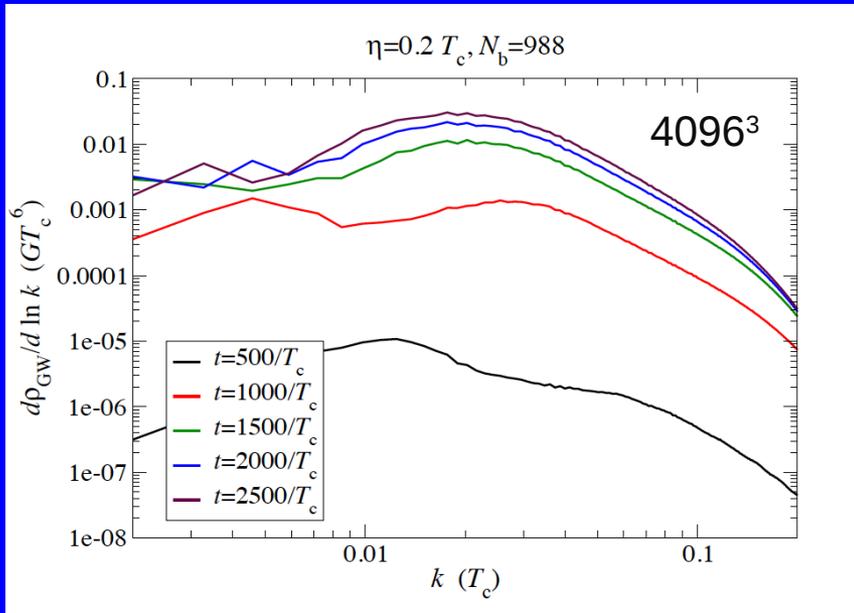
longitudinal and transverse part of the fluid stress

Logitudinal part dominates
Basically sound waves

For very strong transitions turbulence will develop ??

Power laws:

[Hindmarsh, SH, Rummukainen, Weir '15]

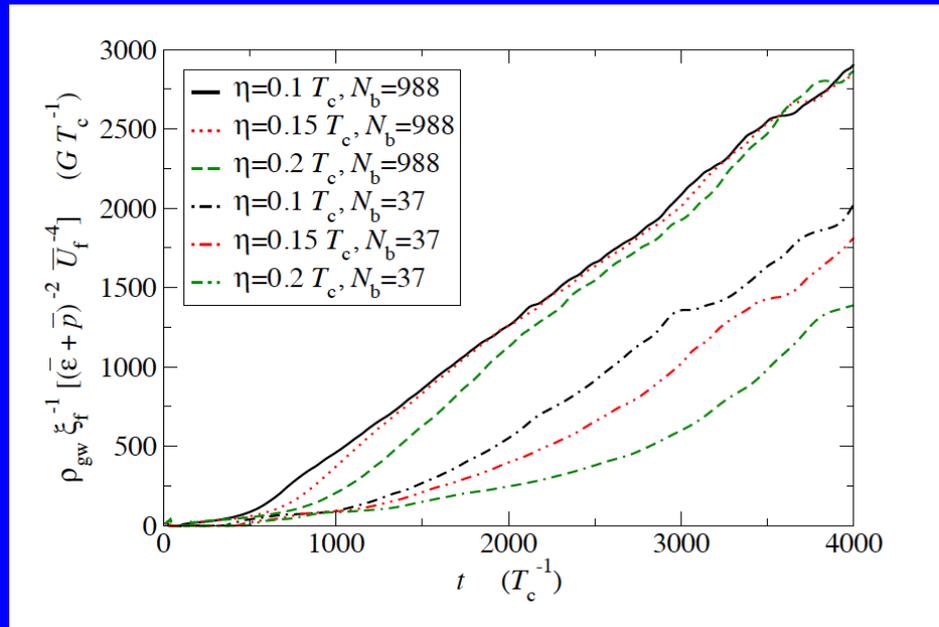
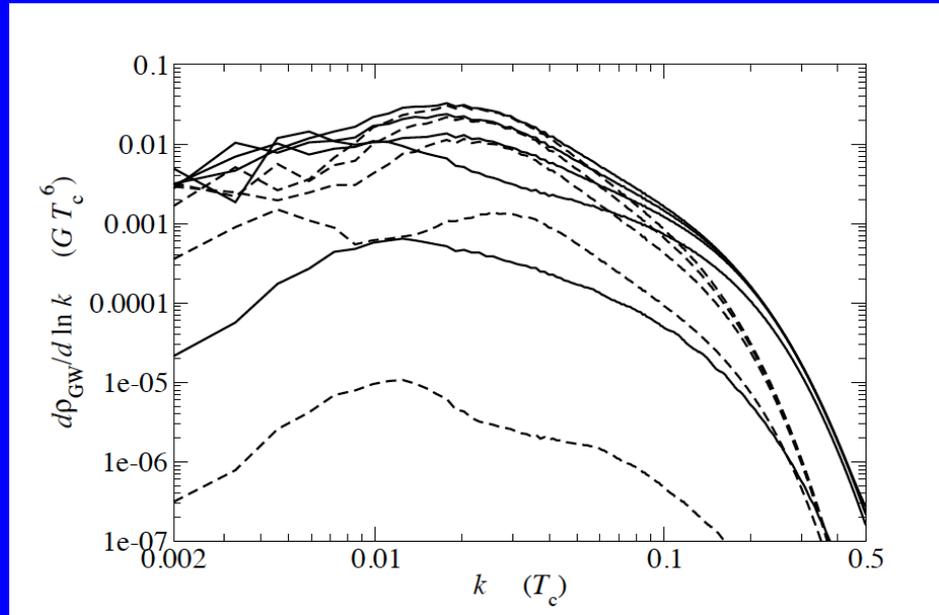


Clear k^{-3} power law fall off in the UV (different from pure scalar!)

Observations will be able to distinguish between a thermal and a scalar-only transition

Maybe also other information hidden in the spectrum?

Time evolution:



Strength of the GW signal:

$$\Omega_{\text{GW}} \simeq \frac{3\bar{\Pi}^2}{4\pi^2} (H_* \tau_s) (H_* R_*) (1+w)^2 \bar{U}_f^4,$$

Simulation
(sound)

$$\Omega_{\text{GW}} \simeq \frac{0.11 v_w^3}{0.42 + v_w^2} \left(\frac{H_*}{\beta} \right)^2 \frac{\kappa^2 \alpha_T^2}{(\alpha_T + 1)^2}$$

env. appr.
(scalar)

Enhancement by $\tau_s / R_* v_w$

What sets τ_s ? Hubble time?

GW's in the SUSY with singlets

General Next-to-MSSM: no discrete symmetries

□ no domain wall problem, rich Higgs phenomenology

$$W = L_1 \hat{S} + \mu \hat{H}_u \hat{H}_d + \frac{1}{2} M_S \hat{S}^2 + \lambda \hat{H}_u \hat{H}_d \hat{S} + \frac{1}{3} \kappa \hat{S}^3$$

[SH, Konstandin, Nardini, Rues '15]

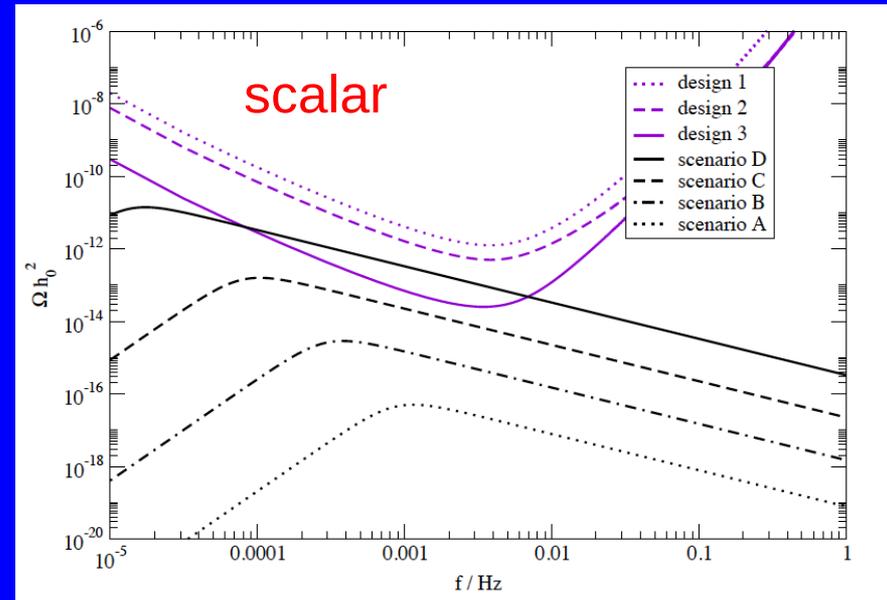
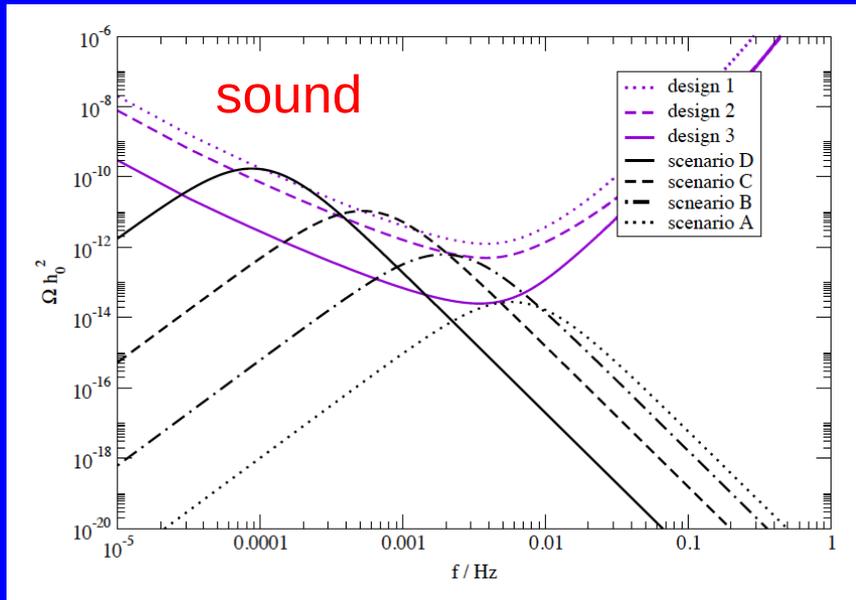
Look for parameter points with a very strong phase transition
(substantially lifted electroweak vacuum): 4 benchmarks A-D

	A - D
$\tan \beta$	5
λ	0.7
κ	0.015
L_1	0
B_S [GeV ²]	-250 ²
μ [GeV]	300

	A	B	C	D
T_n [GeV]	112.3	94.7	82.5	76.4
α	0.037	0.066	0.105	0.143
β/H	277	105.9	33.2	6.0
$v_h(T_n)/T_n$	1.89	2.40	2.83	3.12

1-loop	A - D
m_{h_1}	91
m_{h_2}	125.6
$\sin^2 \gamma$	10 ⁻³

Gravitational wave signal:



Very strong transitions in the GNMSSM lead to an **observable GW signal** in eLISA

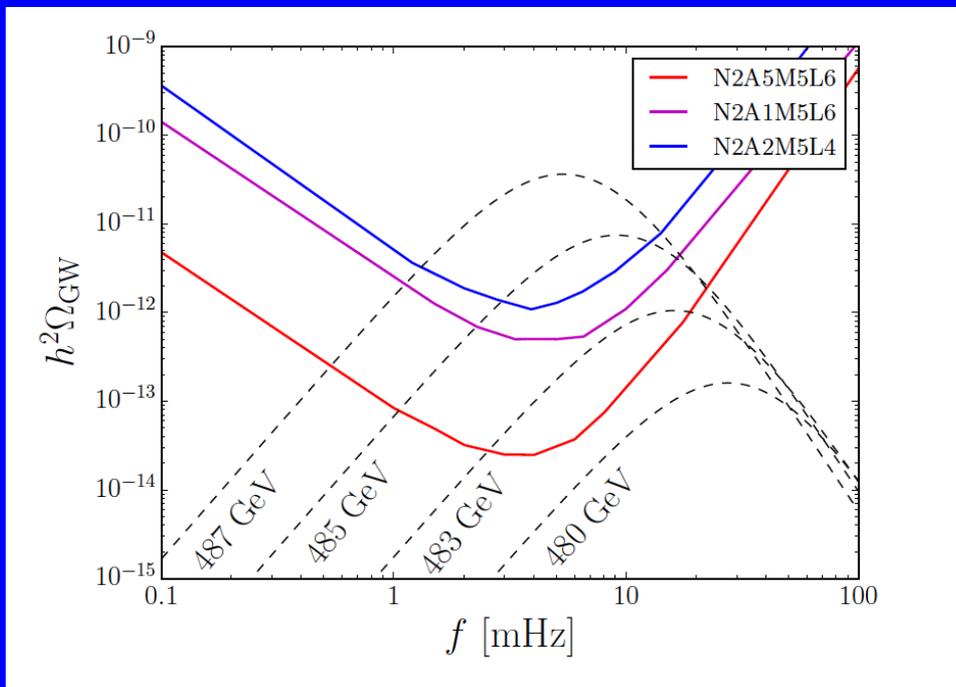
The spectrum from sound (fluid) clearly **different** from that of scalar only

GWs in the 2HDM

Consider the 2HDM from the first part:

[Dorsch, SH, Konstandin, No '16]

One can at the same time have successful baryogenesis and observational GWs:



m_{A^0} [GeV]	T_n	v_n/T_n	$L_w T_n$	$\Delta\Theta_t$	α_n	β/H_*	v_w
450	83.665	2.408	3.169	0.0126	0.024	3273.41	0.15
460	76.510	2.770	2.632	0.0083	0.035	2282.42	0.20
480	57.756	3.983	1.714	0.0037	0.104	755.62	0.30
483	53.549	4.349	1.556	0.0031	0.140	557.77	0.35
485	50.297	4.668	1.441	—	0.179	434.80	0.45
487	46.270	5.120	1.309	—	0.250	306.31	$\approx c_s$

Summary

Cosmic phase transitions provide various connections
Between particle physics and cosmology:

Baryogenesis

Gravitational waves

Magnetic fields

Topological defects (monopoles, strings, domain walls??)

Some of the models can also be studied with collider
experiments, such as the LHC